

Show your
mother-in-law
the door
and
BE HAPPY

www.mississippihomes.ca

MISO MAC AND CHEESE
NOT JUST A SUSHI
SIDE DISH

{page 26}



WHY AM I SINGLE?
NO VALENTINE'S DAY
PLANS? TAKE THE
QUIZ TO SEE WHY

{page 22}



OTTAWA

metro®

Monday, February 13, 2012
www.metronews.ca



News worth sharing.



► Adele arrives at the 54th annual Grammy Awards on Sunday in Los Angeles. The British soul singer won the award for song of the year for Rolling in the Deep. For more on the show, see page 18.

CHRIS PIZZELLO/THE ASSOCIATED PRESS

Adele rolling in awards at Grammys

Vets board member says privacy violated

► Canadian Human Rights commission
orders veterans board to pay man \$4,000

A prominent member of the country's veterans review and appeal board had his privacy violated twice in an alleged smear campaign meant to discredit him and his decisions using his private medical information.

Documents show the behind-the-scenes fight involving Harold Leduc has been so bad and so vicious that the Canadian Human Rights Commission quietly ordered the veterans board to pay the decorated former warrant officer \$4,000.

It's the latest, and potentially the most wide-ranging, in a series of privacy breaches, which the Conservative government claimed was cleaned up at the veterans

department.

In both 2009 and 2011, the government acknowledges Leduc's privacy was violated — one of which was a serious breach where over 40 veterans department officials had access to his medical information.

Leduc claims — because he was diagnosed with PTSD — he was a target for gossip, innuendo and intimidation because he often sided with veterans in his review decisions.

Board chairman John Larlee declined a request for an interview, but a spokeswoman for the board said safeguarding privacy has been of the utmost concern.

THE CANADIAN PRESS

LASIK NOW, PAY LATER!

\$0000%

DON'T PAY FOR 1 FULL YEAR!

OFFER EXTENDED!

down payments interest

LASIK MD

LASER VISION CORRECTION

Starting at **\$490**

FREE Consultation
1-877-769-3030
www.lasikmd.com

WE'VE MOVED! OTTAWA: Minto Place Atrium, 407 Laurier Ave West



GREAT HEART
GIFTS FROM
\$79

MAPPINS.
WHEN IT MATTERS MOST.™

Mappins®
FINE JEWELLERS SINCE 1935



Limited Edition
Cherished Promise
COLLECTION™

TWO DAYS ONLY
FEBRUARY 13-14



 CERTIFIED
CANADIAN DIAMOND
COLLECTION



- A SAVE \$300 Now \$299[†]** 0.50 CT. T.W. Orig. \$599
B \$79 0.12 CT. T.W. in sterling silver.
C NEW \$99 Will Be \$149 Diamond accented sterling silver.
D SAVE \$70 Now \$79 Diamond accented sterling silver. Orig. \$149
E-F \$99 Your Choice Diamond accented sterling silver.
G \$99 Diamond accented sterling silver.
H \$99 Diamond accented sterling silver and 10K gold.
J SAVE \$50 Now \$149[†] Diamond accented in white or yellow gold. Orig. \$199
K \$149 0.24 CT. T.W. in sterling silver.
L \$179 0.24 CT. T.W. in sterling silver.

- M SAVE \$50 Now \$199[†]** 0.12 CT. T.W. in white or yellow gold. Orig. \$249
N SAVE \$50 Now \$199[†] 0.10 CT. T.W. Orig. \$249
P NEW \$219.99[†] Diamond accented locket.
R SAVE \$50 Now \$249[†] 0.15 CT. T.W. in white or yellow gold. Orig. \$299
S SAVE \$50 Now \$249[†] Diamond accent in white or yellow gold. Orig. \$299
T SAVE \$300 Now \$499[†] 1.00 CT. T.W. Orig. \$799
U SAVE \$100 Now \$299 0.05 Carat in 14K gold. Orig. \$399
V-X SAVE \$70 Now \$129[†] *Your Choice* Blue topaz, amethyst or lab-created pink sapphire with lab-created white sapphire. Orig. \$199♥



**EARN 5x
AIR MILES®
REWARD MILES***
ON PURCHASES OF
\$40 OR MORE, UNTIL
FEBRUARY 14, 2012.

Prices valid February 13 - 14, 2012. Merchandise enlarged to show detail and may not always be exactly as pictured. Merchandise may vary by store. Selections may vary by style. Typographic errors subject to correction. Interim markdowns may have been taken. Limited quantities. CT. T.W. = carat total diamond weight. ♥ Coloured gemstones are often processed by one or more industry accepted practices from the time they are extracted from the earth. Gemstones may have been treated or enhanced by heating (generally) or irradiation (blue topaz). †Denotes 10K gold. The Cherished Promise Collection™ is a trademark of the Sandeep Diamond Corporation. *Offer valid until February 14, 2012. Earn 5X the AIR MILES® reward miles, after discounts and before taxes. Offer applies to the total base miles earned at 1 reward mile for every \$40 spent, excluding taxes, discounts, gift cards and prior purchases, at participating Ontario and British Columbia Mappins stores only. See Jewellery Consultant for details. ®Trademarks of AIR MILES International Trading B.V. Used under license of LoyaltyOne, Inc. and Zale Canada Co.

® is a registered trade-mark of Zale Canada Co.

Zale Canada Co.

Minor leagues will cost the city

A deal to bring double-A baseball to Ottawa would cost the city about \$84,000 more a year over the next 10 years than it would to mothball the Ottawa Stadium, city staff say.

A staff report to be discussed at a finance and economic development committee meeting Thursday recommends signing an agreement with U.S.-based Beacon Sports Capital Partners to bring a double-A-affiliated team to Ottawa for 10 years, with two optional five-year extensions.

Fixing and upgrading the stadium to minor-league standards would cost \$5.7 million — and would be paid for and completed before the 2013 baseball season. The team would pay \$100,000 a year towards maintaining the stadium and \$257,000 a year in rent and additional upgrades needed for pro baseball.

Accounting for rent and borrowing costs, the report estimates the deal will cost the city \$452,000 a year 10 years.

Mothballing the stadium by keeping it in its winterized state year-round until another use is found would cost \$368,000 a year the report said.

● JESSICA SMITH



► Ben Lowe, 11, poses for a photo with Toronto Blue Jays third baseman Brett Lawrie at the St. Laurent Shopping Centre on Jan. 8 during the team's Winter Tour stop in Ottawa.

Want the Blue Jays? 'Show the love'

► Committee to consider double-A deal Thursday ahead of a full council decision ► Deal could get a boost with a Toronto Blue Jays alliance



JESSICA SMITH
@METRONEWS.CA

Ottawans need to "show the love" to the Toronto Blue Jays if they want to a Jays minor-league team in town, according to baseball-loving city Coun. Rick Chiarelli.

Chiarelli asked Jays officials two years ago what the city would need to do to get an affiliated minor league team in Ottawa — something that didn't seem possible at the time, he said

Sunday.

A deal going before city council over the next two weeks lays groundwork to bring a double-A team to town, because, if approved, it will upgrade the Ottawa Stadium to the league's standards, he said.

Next, Ottawa needs to show it's the right city for the Jays.

"We need Ottawa to come up with creative ways of demonstrating that Ottawa is a baseball town," Chiarelli said.

Some of the most enthu-

siastic Jays supporters are on the city's little-league teams, said Bruce Campbell, president of the East Nepean Little League Association.

The young players found out about the double-A deal this weekend, he said.

"They're all excited about it," said Campbell. "They think the Toronto Blue Jays are coming, but that's just a rumour. Of course, we're all hoping for that."

Members of the little league are coming to the fi-

nance and economic development committee meeting on Thursday to show their support for double-A ball in Ottawa, he added.

Whether or not the team is affiliated with the Jays, having a high-level team in town will have a direct impact on little league, spiking awareness of the game, Campbell said.

"We went through the triple-A process (with the Ottawa Lynx) and we saw what it did for little-league baseball — it just created a lot of excitement," he said.

1

news


Quebec announces an ad campaign that will take a stand against bullying to the tune of \$1 million a year. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

Correction

A Feb. 9 article about Professional Edge Consulting had an incorrect URL. The firm's correct URL is proedgeconsulting.ca



Follow us on Twitter
@metroottawa

ZERONA CANADA

FAT REDUCTION • ANTI-AGING • PERFORMANCE ENHANCEMENT



"The Miracle Procedure To Fight Fat" - Dr. Oz

Melt 3-9 INCHES OF FAT in two weeks!

\$1000 OFF ANY ZERONA pkg.

EXPIRES FEB. 29TH, 2012



*May not be combined with any other offer. No Cash value.

zeronacanada.ca

18 Louisa St. Unit 360 (Gladstone Sports & Health Centre)
CALL TODAY TO BOOK YOUR COMPLIMENTARY CONSULTATION

613.722.7171

Next-gen volunteers give back for Mitzvah Day

► Kindness Week approaches ► Some adults giving back, too, by swabbing their mouths for bone-marrow registry



JOE LOFARO
@METRONEWS.CA

In a lead into Kindness Week in Ottawa next week, hundreds of youth got an early lesson about volunteerism and giving back as they marked the sixth edition of Mitzvah Day at the Soloway Jewish Community Centre (Soloway JCC) Sunday morning.

Celebrated annually by people all over the world, Mitzvah Day is day of social action and community building.

Kids at the Soloway JCC participated in hands-on activities that will support youth in their neighbourhoods and others around the world. Organizers are extending activities all week for the first time this year.

One group of kids helped loop together 2,500 milk bags so that they could be crocheted into large, colourful mats and donated to hospitals in Haiti.

Meanwhile, in another room, kids braided 200 "challas" — bread made from egg dough — which were packaged, frozen, and delivered to the Kosher Food Bank on Coldrey Avenue.

Adults took part in the charitable work too, by swabbing the insides of their cheeks for DNA and registering with The Gift of Life — a bone-marrow and blood-stem-cell registry that supports people diagnosed with illnesses such as leukemia and lymphoma.

Ottawa resident Sol Reichstein said he swabbed his cheek because somebody might be helped if a DNA match was found.



► David Todd, 9, left, Noah Glogauer, 10, Mitzvah Day sponsor Deborah Bourchier, and Ari Caspi-Roy, 9, hold up a mat made from milk bags that the Soloway Jewish Community Centre will donate to hospitals in Haiti.

"It's the right thing to do," he said.
Stacey Segal, chair of the

event, said the premise of Mitzvah Day is "feeling good by doing good" and

that it builds the next generation of volunteers.
"When they grow up

they're going to be giving, caring adults who also volunteer their time," she said.

ARE YOU AN INTERNATIONALLY TRAINED ENGINEER?

Examination Skills Preparation Course
for the Professional Practice Exam (PPE),
administered by Professional Engineers Ontario (PEO)

This course includes topics in engineering, legal and ethical practices in the Ontario workplace, as well as techniques and strategies for internationally trained engineers to successfully write the PPE.

Course Details:
February 22, 2012 – March 26, 2012
Monday and Wednesday evenings • Time: 6:00 - 9:00 p.m.
Register now at: www.ospe.on.ca/event/ESW0112
Only \$99!

Course fee includes all required textbooks, course manual and one year OSPE membership.
Questions about the course? Contact us at 1-866-763-1654 ext.238 or avig@ospe.on.ca

Funded by:

Ontario receives support for some skills training programs from the Government of Canada

DO YOU SUFFER FROM

Ragweed Pollen

ALLERGIES?

We're enrolling a clinical research study of an investigational drug for ragweed pollen allergies.

If you are at least 18 years of age and have a clinical history of at least 2 years of ragweed-induced pollen allergies, you may be eligible to participate.

Study participation includes study-related care and study medications at no cost and the investigational drug is designed to be taken by mouth, once a day.

Find out today if you are eligible to participate and to learn about the study.

For information, contact:

Allergy and Asthma Research Centre
613-725-2102 Extension 246



La Cité collégiale « PRATIC »

Programme d'Accès aux Technologies de l'Information et des Communications

NOUVEAU PROGRAMME permettant l'accès au marché du travail dans les technologies de l'information et des communications

Services gratuits exclusifs aux nouveaux arrivants

**CONTACTEZ-NOUS
MAINTENANT!
613 742-2475**

Saviez-vous que ?

- ✓ Le gouvernement fédéral est le principal employeur de la région d'Ottawa.
- ✓ Le gouvernement fédéral exige au minimum un diplôme collégial d'un programme de 2 ans.
- ✓ Les nouveaux arrivants ont de la difficulté à faire valoir leurs acquis éducatifs et leurs expériences de vie lors de leur inscription à un collège ou université.
- ✓ Le projet PRATIC peut vous aider à faire valoir vos antécédents, accélérant ainsi votre obtention d'un diplôme.
- ✓ PRATIC... Pour un accès rapide au marché du travail des technologies de l'information et des communications.

CONTACTEZ-NOUS DÈS MAINTENANT afin de vérifier votre éligibilité au 613 742-2475
<http://pratic.citedesaffaires.com>

Financé par :  **Ontario**

L'Ontario reçoit du soutien du gouvernement du Canada
pour certains programmes de formation

la **cité** collégiale

Le Collège des meilleures pratiques



► Members of the winning women's team, Beaver Slappers, hold up the Beaver Cup next to an inflatable beaver on the Rideau Canal Sunday afternoon.

Beaver Cup fever winds down

► Pond hockey tourney raised more than \$500 for Make-A-Wish Foundation



JOE LOFARO
@METRONEWS.CA

The Beaver Cup Pond Hockey Festival ended on Sunday with two teams winning a newly re-

designed Stanley Cup-like trophy as the three-day tournament wrapped up on the Rideau Canal at Dow's Lake.

Pecco's Pedalers won on the men's side, while the Beaver Slappers won on

the women's side. The tournament ran from Friday to Sunday.

Forty teams in all competed in a four-on-four format with no goalies. Teams from as far as Minnesota and British Colum-

bia came out for the fun.

Lead organizer Lester Gagné said the event raised more than \$500 for the Make-A-Wish Foundation thanks to the media and celebrity teams and merchandise sales.

Celebrate St. Valentine's Day in style, with a special gift that will bring a smile... at 240 Sparks (corner of Bank & Queen)

Célébrez la Saint-Valentin en grand et venez trouver le cadeau spécial qui lui décrochera un sourire... au 240 Sparks (à l'intersection des rues Bank et Queen)

OFFERS AVAILABLE VALENTINE'S DAY ONLY
OFFRES EN VIGUEUR À LA SAINT-VALENTIN SEULEMENT

SPARKS DENTAL CLINIC
2 FOR 1 WHITENING KIT PROMOTION

2 POUR 1 SUR LES TROUSSES
DE BLANCHIMENT DES DENTS

TERIYAKI EXPERIENCE
2 FOR 1 OFFER ON
"CHICKEN TERIYAKI MEAL"

OFFRE 2 POUR 1 SUR LE
REPAS « POULET TERIYAKI »

ASIAN GOURMET
\$2 OFF, WITH THE PURCHASE OF
A MINIMUM \$10 MEAL BEFORE TAX

RABAIS DE 2 \$ À L'ACHAT D'UN
REPAS D'UNE VALEUR
DE 10 \$ OU PLUS AVANT TAXE

**MARCELLO'S
MARKET & DELI**
FREE "SPECIAL COOKIES"
WITH PURCHASE

« BISCUITS SPÉCIAUX »
GRATUITS AVEC TOUT ACHAT

APPLETREE MEDICAL • BENTONS • SPARKS DENTAL CLINIC • ELISA 6 • MARCELLO'S MARKET & DELI • MERHI QUALITY SHOE REPAIR • SHEAR HEAVEN
JIMMY THE GREEK • TIMOTHY'S • REXALL • HILLARY'S • LCBO • FAIRWEATHER • LUNCH • SUBWAY • ASIAN GOURMET • TERIYAKI EXPERIENCE

Free Underground Parking
weekdays after 5:00 pm
and all-day on weekends

WWW.240SPARKS.COM

JIMMY THE GREEK
FREE DESSERT OR BEVERAGE,
WITH PURCHASE OF YOUR MEAL

BOISSON OU DESSERT
GRATUIT À L'ACHAT D'UN REPAS

LUNCH
FREE "LUNCH" COOKIE
WITH PURCHASE OVER \$5

BISCUIT « LUNCH »
GRATUIT AVEC TOUT
ACHAT DE PLUS DE 5 \$

PHARMA PLUS
UP TO 30% DISCOUNT ON
"FERRERO ROCHER, HERSHEY'S,
NESTLE, LINDT LINDOR
CHOCOLATES

JUSQU'À 30 % DE RABAIS SUR
LES CHOCOLATS DE MARQUE
FERRERO ROCHER, HERSHEY'S,
NESTLÉ ET LINDT LINDOR

**MERHI QUALITY
SHOE REPAIR**
10% OFF ALL REPAIRS

RABAIS DE 10 % SUR
TOUTES LES RÉPARATIONS

Stationnement souterrain gratuit
après 17 h en semaine et toute la
journée les fins de semaine

Carleton students to pay tribute to classmate

Students at Carleton University will mark a moment of silence on Monday at noon for a student who died in residence on Saturday.

More than 800 people have signed up for the tribute on a Facebook page set up by student Arun Smith.

"I thought it was necessary, so I called for a cam-

pus-wide moment of silence and posted it on Facebook and people have just been adding themselves to it and wanting to participate," he said.

University officials confirmed that a student died in a residence on Saturday and said police are investigating, but foul play is not suspected. ● JESSICA SMITH



► From left: Marco Arlotta, his cousin Antonino Arlotta and friend Kristopher Aliferis pose at Willie Klentz's backyard rink in Barrhaven on Saturday. Klentz said 31 kids, about as many parents and more than a dozen onlookers took part in his annual tournament.

ANGELO ARLOTTA/FOR METRO

Hockey Day in Barrhaven

Canada's	National Notary Public	Company
<p>Mobile Notary</p> <p>Certified True Copies</p> <p>E-Document Certification</p> <p>Notarization & Commissioners of Oaths</p> <p>Affidavits</p> <p>Visa & Passport Processing</p> <p>RedSeal Notary.com</p>	<p>Notarization & Legalization</p> <p>Over 100 Locations Across Canada</p> <p>Red Seal NOTARY</p> <p>Scan and Save</p>	<p>Fingerprinting</p> <p>Background Checks</p> <p>Land Title Searches</p> <p>Authentication & Legalization (Apostille)</p> <p>Consent to Travel</p> <p>1-888 922-7325</p>

LOVING YOU IS *Easy*

Share your love
of reading with the
lightweight Kobo™
Touch eReader.

Save \$20 on
the Kobo Touch*
NOW \$119

Buy 2 eReaders,
Save \$50

Ends Feb 15th



!ndigo

Enrich your life™

Indigo Chapters indigo.ca



*Offer valid on in-stock Kobo Touch eReaders in-store and at indigo.ca. Not valid in conjunction with any other offer and cannot be used to adjust amount paid of previous purchases. Offer may change or end at any time without notice. © Indigo Books and Music Inc. Kobo is a trademark of Kobo Inc.

An area built from pirates' treasure

► Eastleigh neighbourhood of Nairobi, once a ramshackle settlement, now has shiny new buildings



**ELISABEETH
BRAW**

LONDON@METRONEWS.CA
METRO WORLD NEWS IN LONDON, U.K.

Envy the residents of Eastleigh, Nairobi: despite the global recession, the investments keep flowing in.

They have new shopping malls, and more are under construction. The neighbourhood in Kenya's capital city is nicknamed Little Mogadishu, and many of the investors are pirates.

"Somali pirates are doing huge business hijacking ships, and most of their money is being laundered in Nairobi," explains Ernesto Savona, professor of criminology at Catholic University in Milan. "Little Mogadishu is beautiful, with new cars and buildings. With a \$9-million ransom, you could buy a whole modern building in Nairobi."

Only a few years ago, Eastleigh was a poor settlement.

Piracy is booming off the Horn of Africa. In 2010 alone, more than 1,000 seamen were taken hostage. According to the UN, the pirates were paid an average ransom of \$4.85 million, and a new study reports that Somali piracy now costs the world \$7 billion per year.

"I want to take all my family out of Somalia because there is no hope for peace here," Hassan Farah, a pirate, told a local newspaper. "I am trying to get

enough money from the illegal fishing ships that we hijack to go to Europe."

But, just like the Mafia, Somali pirates need to park their fortunes somewhere.

"The most common methods are basic forms of money laundering, such as investing in real estate or front-businesses, sending money to relatives or buying expensive goods in cash," explains a spokesman for the UN Office on Drugs and Crime.

Notes Mark Schroeder, Africa director at intelligence firm Stratfor: "They're not as sophisticated as the Mafia."

But they're entrepreneurial. They know where to put their money. And by Somali standards, this is the most money you could ever hope to make." Somalia's GDP per capita is \$600.

Nairobi is a logical place to invest. Kenya neighbours Somalia and has a stable government, as well as a large number of Somalis, most of whom reside in Eastleigh. Though the majority of these Somalis are law-abiding residents, many — knowingly or not — build businesses with pirate money.

"Somalia couldn't absorb this kind of cash," notes Schroeder. "Nairobi can. Besides, it's a stable and comfortable place to live."

It's also a hub for Al Shabab, the al-Qaida-affiliated terrorist group that controls Somalia.



► Nairobi's Little Mogadishu is a slum no more. Check out the new cars and the shiny new building in the background.



Pirates boost economy: UN

The young pirates support the entire Somali economy. According to the UN, 40 per cent of the ransom goes directly to the Somali economy: bribes and creating jobs. The pirates even invest in

cattle.

According to a recent report by Chatham House, a think tank, pirates' ransoms have even led to wage increases in Somalia. But locals aren't happy. Too much of the pirates' money is invested abroad, they say.

Most likely, the pirates channel their money as

far as Europe and North America.

"The ransoms are a large amount of money," notes Savona. "This amount goes only partially to bordering countries like Kenya. One can only assume that the rest is laundered and invested internationally."

● METRO WORLD NEWS

Piracy origins

► Until the 1990s, the waters off the Horn of Africa were relatively peaceful. Then Somalis, angered over fishing by foreign vessels, started attacking them. That's when they realized there were fortunes to be made. Since then, piracy has exploded.

► In 2007, 26 ships were hijacked; in 2010 the figure was 400, and the problem remains, even though 30 countries now have navy commandos in the area.

► "The Somali pirates are very young," notes criminology professor Ernesto Savona. "If they go to prison, they're quickly replaced by other young pirates. And when they get out of prison, they go back to hijacking ships. But most ... won't be caught."



PANDORA®
UNFORGETTABLE MOMENTS



Free Gift with Purchase February 1-14

Receive a PANDORA heart jewellery box (a \$45 CAD retail value) with your PANDORA purchase of \$150 or more.*

*Before taxes. Good while supplies last, limit one per customer.

An unforgettable Valentine's Day

PANDORA™ STORE

St. Laurent Centre
Ottawa, ON
613.741.7577

Rideau Centre
Ottawa, ON
613.695.6997

JUBILEE
FINE JEWELLERS
Since 1952

St. Laurent Centre
Bayshore Shopping Centre
Carlingwood Mall



INTRODUCING TRULY UNLIMITED TALK

GOVERNMENT

Expenses get very expensive

Stephen Harper's senior bureaucrats have been racking up some hefty airfares at a time of government restraint.

Travel expenses recently posted for the final quarter of 2011 show executives at the Privy Council Office, the prime minister's own department, paid costly fares last year on some of the most competitive routes to Europe and elsewhere.

The trips included jaunts to conferences and summits in places like London, Paris and Australia, costing taxpayers as much as \$15,000 per trip in some cases.

THE CANADIAN PRESS

Athens burns as cuts OK'd

► Riots and looting engulf central Athens ► A number of buildings burnt ► Government cuts will axe one in five civil-service jobs and slash country's minimum wage drastically

Greek lawmakers on Monday approved harsh new austerity measures demanded by bailout creditors to save the debt-crippled nation from bankruptcy, after rioters in central Athens torched buildings, looted shops and clashed with riot police.

The historic vote paves the way for Greece's European partners and the International Monetary Fund to release \$130 billion US in new rescue loans, without which Greece would default on its debt mountain next month and likely leave the eurozone — a scenario that would further roil global markets.

Sunday's clashes erupted after more than 100,000 protesters marched to the parliament to rally against the drastic cuts.

At least 45 businesses were damaged by fire, including several historic buildings, movie theatres, banks and a cafeteria, in the worst riot damage in Athens in years. Fifty police officers were injured and at least 55 protesters were hospitalized. Forty-five suspected rioters were arrested and a further 40 detained.

As the vote got under way early Monday, Prime Minister Lucas Papademos urged calm, pointing to the country's dire financial straits.

Since May 2010, Greece has survived on a \$110-billion bailout from its European partners. When that proved insufficient, the new rescue package was approved.

THE ASSOCIATED PRESS



► A fireman tries to extinguish a burning cinema in Athens on Sunday. At least 10 buildings were set on fire by rioters during protests against Greece's tough austerity measures.

Living with a Disability?

Learn about the Registered Disability Savings Plan (RDSP), Grant and Bond

- How it will help people with disabilities and their families save for the future
- Who qualifies for the Government grant and/or bond
- How to apply
- Where to get more information

Attend A Free Information Session

Friday, February 17 • 1:30 p.m.

Northern Lights Canada Ottawa - Gloucester Shopping Centre
1980 Ogilvie Road, Suite 163 (near the Zellers Mall Entrance)

Call or visit us online to attend for a group or one-on-one session:

Sue Davie or Brad Scott at 1-800-361-4642

TTY 905-576-3129 • www.northernlightscanada.ca

This session will be delivered in English and French.



Funding for these information sessions is provided by the Government of Canada.
Ces séances d'information sont financées par le gouvernement du Canada.



Either alone or partnered
Valentine's Day is what
you make of it!

So?

**MAKE IT
AMAZING!**



1239 Wellington St. (near Holland Ave.)
tuesdaystheromancestore.com 613.761.6060



BELLEVILLE

324 North Front St.

(613) 969-0120

BROCKVILLE

2399 Parkdale Ave.

(613) 345-3161

CORNWALL

Cornwall Square

(613) 936-2083

GLOUCESTER

Gloucester City Centre

1980 Ogilvie Rd., Unit 136

(613) 842-7285

KANATA

Hazeldean Mall

(613) 271-1153

Kanata Centrum Shopping Centre

(613) 599-9690

KINGSTON

Cataragui Town Centre

(613) 634-9897

Kingston Centre

(613) 546-6043

122 Princess St.

(613) 549-0315

NEPEAN

130 Riocan Ave.

(613) 823-9240

ORLEANS

2020 Lanthier Dr., Unit E2

(613) 590-0289

OTTAWA

901 Carling Ave.

(613) 238-7533

695 Somerset St. W

(613) 820-7782

104 Bank St.

(613) 230-0202

1465 Merivale Rd.

(613) 224-9222

205 Richmond Rd.

(613) 724-2674

PEMBROKE

670 Pembroke St. W

(613) 732-1602

1100 Pembroke St. E, Unit 210

(613) 732-1602

3435A Petawawa Blvd.

(613) 732-1492



NEPEAN

Bayshore Shopping Centre

(613) 726-7665

OTTAWA

2121 Carling Ave., Unit 87

(613) 798-1946

1200 St. Laurent Blvd., Unit 248

(613) 746-8546

50 Rideau St., Unit 327C

(613) 232-4800

110 Place D'Orleans Blvd., Unit 290

(613) 590-2237

2269 Riverside Dr., Unit 44

(613) 737-2071

690 Bank St.

(613) 668-5499

BELLEVILLE

Quinte Mall

(613) 969-2130

GET THE FAMILY TRULY unlimited talk & text

AND SAY GOODBYE TO THOSE OTHER CELL PHONE COMPANIES



INTRODUCING
UNLIMITED
TALK

ULTIMATE UNLIMITED FAMILY PLAN

Add an additional voice and
messaging line to your family plan for

\$27⁹⁷¹/mo/line
Includes all
monthly fees[±]

UNLIMITED Talk²

UNLIMITED Extreme Text Messaging³

UNLIMITED Picture & Video Messaging³

UNLIMITED Canada-Wide Family Plan Member Calling⁴

UNLIMITED Canada-Wide Calling from your Computer⁵

CALL 1 877 308-4776
CLICK rogers.com/FamilyPlan
VISIT Your local Rogers retail store

There's never been a better time to switch



Offers available for a limited time only and subject to change without notice. [±]Includes the Government Regulatory Recovery Fee which varies by province and ranges from \$2.35-\$2.97/line/month (\$2.35 AB/BC/MB/ON, \$2.75 QC, \$2.88 NB, \$2.97 NL, \$2.78 NS, \$2.85 PEI, \$2.97 SK). It is applied to help fund fees, costs and other amounts related to federal, provincial and/or municipal mandates, programs and requirements. It is not a tax or charge the government requires Rogers to collect and is subject to change. See rogers.com/regulatoryfee for details. A one-time Activation Fee of up to \$35 (varies by province) also applies. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. Device savings recovery fees and/or service deactivation fee apply according to the terms of your agreement. 1 Minimum of 2 lines required (\$95.94/mo for first two Ultimate Unlimited Voice & Messaging Family Plan lines). Each additional Ultimate Unlimited Voice & Messaging Family Plan line \$27.97/mo (up to a maximum of 5 lines total). All members on the same account must activate on the same Couples & Family plan. Lines may be added at any time. New lines added require the primary line be renewed for the same period. 2 Local calls only, excluding calls made through Call Forwarding, Video Calling or similar services. 3 Compatible device required. Includes Extreme text/picture/video messages sent from Canada to Canadian wireless number and received texts from anywhere. Sent/received premium texts (alerts, messages related to content and promotions) sent international texts and sent/received Extreme Text picture/video/IM/email (as applicable) while roaming not included and charged at applicable rates. To learn more about Extreme text, go to rogers.com/extremetext. 4 Unlimited Canada-wide calling between same plan members only. 5 Feature available in Manitoba (Feb. 12, 2012). Available with use of the Rogers One Number devices (IP phone or telephone adapter) or web phone only. Compatible computer with internet access required. Not applicable to wireless device usage. Regular local and long distance charges under your Rogers wireless plan apply when using the Rogers One Number service with your wireless device. Includes text/picture/video messages sent from Rogers One Number devices or web phone (as available) to Canadian wireless numbers; incoming messages will be charged as per your wireless plan and current pay-per-use rates (as applicable). Use of the Rogers One Number service may cause you to use additional internet data depending on your internet data usage allowance; internet service charges and overage rates (if applicable) apply in accordance with your Rogers or third-party internet service package. The Rogers One Number service is intended for personal use only, based on a total of 44,640 minutes available in a 31-day month. Subject to the Rogers Terms of Service and Acceptable Use Policy available at rogers.com/terms. See rogersonenumber.ca for details. ©2012

News in brief

Man deported over tweets

ASIA. Malaysian authorities on Sunday deported a young Saudi journalist accused of insulting the Prophet Muhammad on Twitter, a police official said. The move came despite concerns from rights groups that he may be persecuted at home.

Newspaper columnist Hamza Kashgari, 23, was detained Thursday upon his arrival in Malaysia. Some Saudis have reportedly made death threats against him or called for him to face charges over remarks he tweeted that many considered offensive. **THE ASSOCIATED PRESS**

UN consultant killed in Egypt

SHOOTING. An Egyptian woman who worked for the United Nations as a

freelance consultant was fatally shot in the head while driving through an upscale Cairo neighbourhood on Sunday, security officials said.

It was not immediately clear whether the woman, identified as Nermeen Gomaa Khalil, 41, was targeted. Police said she was shot by unidentified gunmen passing in another car, but no one has been arrested.

THE ASSOCIATED PRESS

Pilot attacked, say witnesses

SOUTH AMERICA. A Brazilian airliner safely made a forced landing after a passenger had a "psychotic attack," entered the cockpit and assaulted a pilot, crew members and passengers who tried to subdue him, witnesses said.

The TAM Airlines jet was en route from Montevideo, Uruguay, to Sao Paulo. **THE ASSOCIATED PRESS**

Al-Qaida backs revolt

► In Internet posting, terror group asks Muslims in Iraq, Jordan, Lebanon, Turkey to join Syrian uprising

Al-Qaida's leader has called for the ouster of Syria's "pernicious, cancerous regime," raising fears that Islamic extremists will try to exploit an uprising against President Bashar Assad that began with peaceful calls for democratic change but is morphing into a bloody, armed insurgency.

The regime has long blamed terrorists for the 11-month-old revolt, and al-Qaida's endorsement creates new difficulties for the U.S., its western allies and Arab states trying to figure out a way to help force Assad from power.

In an eight-minute video message released late Saturday, al-Qaida chief Ayman al-Zawahri called on Muslims to support Syrian rebels.



► This frame-grabbed image purports to show al-Qaida's leader, Ayman al-Zawahri, from a web posting made by al-Qaida's media arm, as-Sahab, on Sunday.

"Wounded Syria is still bleeding day after day, and the butcher (Bashar Assad) isn't deterred and doesn't stop," said al-Zawahri, who took over al-Qaida after Osama bin Laden was killed

by U.S. special forces last May. "However, the resistance of our people in Syria is escalating and growing despite all the pains, sacrifices and blood."

THE ASSOCIATED PRESS

Arab League

- On Sunday, the Arab League called for the UN Security Council to create a joint peacekeeping force for Syria. The resolution adopted by the league also demanded that Syrian regime forces lift the siege on neighbourhoods and villages and pull back troops and their heavy weapons.
- The city of Homs has seen some of the worst violence of the uprising, and activists said regime forces were shelling rebellious neighbourhoods on Sunday. Hundreds are believed to have been killed since the latest assault in Homs began.
- The Arab League resolution also calls on Syrian opposition groups to unite ahead of a Feb. 24 meeting of the "Friends of Syria" group, which includes western and Arab nations.

semaine de mode
ottawa
fashion week

february 17, 18, 19
twenty twelve



ottawafashionweek.ca

THE WESTIN
OTTAWA



Petting the panda: PM's China trip a gentler affair

ADRIAN WYLD/THE CANADIAN PRESS

► Room to expand trade, economic relations: Vice Premier Li Keqiang

A beaming Stephen Harper petting a panda may be the signature photo of the prime minister's four-day trip to China and also the signature symbol.

Instead of applying a harsh hand to the Sino-Canadian relationship, Harper has learned to apply a gentler touch, experts say, making his second trip to the country a success for both sides.

There's been a complete rehabilitation of the political relationship, which can be seen even in the language used by both the Chinese and the Canadian side throughout the trip, suggested Gordon Houlden, director of the China Institute at the University of Alberta.

Both are now comfort-

"I make it my habit when I'm in another country not to say anything publicly critical of that country."

PRIME MINISTER STEPHEN HARPER, WHEN ASKED SPECIFICALLY WHICH HUMAN RIGHTS ISSUES HE'D RAISED WITH THE CHINESE ON HIS TRIP

able with the "strategic partnership" label, Houlden said, and the fact the Chinese made a point of acknowledging Harper's majority government is a plus as the country highly values stability.

"From the Chinese the messaging — from (Chinese media) to pandas — has been consistently positive," said Houlden in an e-mail.



► Canadian Prime Minister Stephen Harper looks on as his wife Laureen holds a Panda in Chongqing, China, on Saturday.

Those in the room during Harper's bilateral meetings with Chinese leaders during the trip say the atmosphere was completely

different than the prime minister's first visit in 2009. It took him three years into his mandate to travel to China. **THE CANADIAN PRESS**

Looking for Something Meaningful?



**Seats Available
Call Now!!**

**Free Teach Abroad Seminar
Today** Monday Feb. 13th
@ 12:15 pm & 6pm

United TESOL office University of Ottawa Campus next to the Bookstore

**Winter TESOL Course:
February 21st - 26th**

**No Degree or Experience Required
Evening & Weekend Course
All Ages Welcome** **562-8370**

Teach in: Costa Rica, Japan, Mexico, Brazil, Kenya, Spain
Colombia, Peru, Egypt, China, Poland, & Many More...

unitedtesol.com

HE OR SHE WHO HESITATES IS LOST.



CERTIFIED
GENERAL
ACCOUNTANTS

We see more than numbers.

**Another reason to enrol
in the CGA program now.**

Don't wait another minute to pursue a career that lets you **DO MORE**. Get your application in before **February 27** and start learning by March.

Get the details at **CGA-DoMore.org/Enrol**

U.K. press needs tougher penalty system: Minister

► Britain's The Sun tabloid has seen 9 employees recently arrested for alleged connection to phone-hacking scandal

Britain's government minister responsible for the media said Sunday the country's press must face tougher penalties for breaches of standards in the wake of the tabloid phone-hacking scandal.

Culture Secretary Jeremy Hunt also said newspapers must change their system of self-regulation, but insisted the government should not have any role in enforcing standards. The current watchdog, the Press Complaints Commission, is funded by the industry and can demand a newspaper publish an apology, but has no power to issue fines.

Some lawmakers have previously suggested journalists who breach ethics rules should be prevented from working.

Britain's media ethics inquiry, which has heard evi-



► Culture Secretary Jeremy Hunt

dence from celebrities including J.K. Rowling and Hugh Grant, crime victims, newspaper executives and reporters, is expected to recommend major changes to press regulation when it issues findings this year.

"I think everyone recognizes we don't want the state regulating content," Hunt told BBC television.

But Hunt said Britain needed "a tougher system and I would like it to be an industry-led system," but added that "if a newspaper is going to be punished for stepping out of line then it needs to be a credible punishment."

The country's broadcasters are regulated by a separate communications industry watchdog.

Hunt's comments follow new developments in the police investigations into alleged wrongdoing by Britain's tabloids.

THE ASSOCIATED PRESS

Iraq opens new oil tap in Persian Gulf

Iraq inaugurated a new offshore oil-export terminal in the Persian Gulf on Sunday in a vital step to ease infrastructure constraints and to bring sorely needed cash for reconstruction after decades of war and international sanctions.

Iraq's Prime Minister Nouri al-Maliki opened the tap to start experimental pumping for the floating



► Alraq's Prime Minister Nouri al-Maliki at a new oil-export terminal.

terminal located about 60 kilometres off Iraq's coast.

Iraq plans to start the actual loading of crude in a week to 10 days, initially boosting oil exports through the country's south — currently at about 1.7 million barrels a day —



► Thu Trinh, left, and Huyen Vu, sales executives with TOSY Robotics, show off the AFO lighted and spinning toy at the American International Toy Fair on Sunday in New York.

Robotic. Spin

CRAIG RUTTLE/THE ASSOCIATED PRESS

A toy story with the latest trends

The TOSY Robotics show is attended by hundreds of vendors and thousands of buyers who can view the latest trends in the toy industry.

Another deal for Air Canada

DISPATCHERS. Air Canada has reached a tentative collective agreement with the Canadian Airline Dispatchers Association, representing the airline's 74 flight dispatchers. The airline said the agreement was subject to ratification by the employees, and approval by the Air Canada board. **THE CANADIAN PRESS**

New oil spill in Nigeria

SOUTHERN DELTA. An environmental group says there is a new spill on an oil well run by Italian firm Eni SpA in Nigeria's oil-rich southern delta. Environmental Rights Action said the spill is near a pipeline struck by militants last week.

THE ASSOCIATED PRESS

Market moment

TSX	Dollar	Oil	Natural gas
- 108.52 (12,389.42)	- 0.72¢ (99.72 ¢ US)	- \$1.17 US (\$98.67 US)	\$2.48 US (No Change)
			Gold \$1,725.30 US (- \$15.90 US)

REPORTS BY SPAIN HENDON

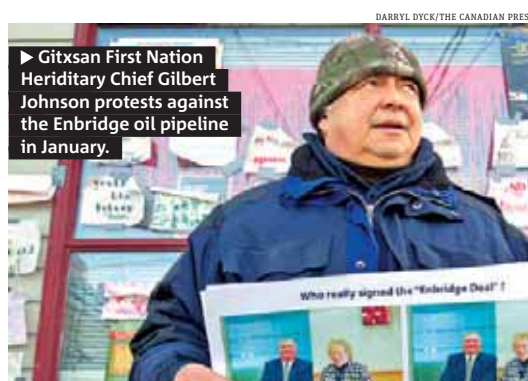
Enbridge pipeline agreement with First Nation band not done deal

A second British Columbia First Nation says it has signed on to a sharing agreement with Enbridge Inc., in exchange for its support for the Northern Gateway pipeline, but as the first deal was nullified after an internal fight, the second one appears in jeopardy after the chief that signed the agreement was turfed and a new band council wants out of it.

It's an indication of the delicate job Enbridge has undertaken to ensure abo-

original bands along the pipeline route are adequately consulted, and it's also an example of why aboriginal groups who might be interested in exchanging their support for some much-needed revenue from the project are reluctant to speak about it openly.

Enbridge maintains it has the support of 20 of an estimated 43 bands located within 80 kilometres of the proposed twin pipelines and about half of those 20 are in British Columbia.



► Gitksan First Nation Hereditary Chief Gilbert Johnson protests against the Enbridge oil pipeline in January.

DARRYL DYCK/THE CANADIAN PRESS

But telephone calls to the band offices of those B.C. First Nations turned up only one other band that has signed a deal.

Yekooche First Nation Chief Henry Joseph said lawyers are reviewing the agreement his predecessor chief and council signed with Enbridge to share part of the pipeline profits. He said it's too early to declare the deal between his First Nation and Enbridge dead.

Last month, the Gitksan hereditary chiefs of north-

west B.C. voted to reject a \$7-million Enbridge equity-sharing deal that lone Gitksan Hereditary Chief Elmer Derrick signed on behalf of the chiefs.

Enbridge says it offered the 43 B.C. and Alberta First Nations located along the proposed 1,177-kilometre pipeline route from Bruderheim, Alta., to Kitimat, B.C., a 10 per cent equity stake in the project, worth about \$400 million. It won't name the 20 that have already signed. **THE CANADIAN PRESS**

PROS & CONS OF OTTAWA'S GROWING POPULATION

URBAN COMPASS

STEVE COLLINS
METRO OTTAWA



Last week, Statistics Canada released early numbers from the 2011 census, and the word on Ottawa-Gatineau is that there's a lot more of us, with 9.1 per cent population growth in Ottawa-Gatineau over five years, far ahead of the national rate of 5.9 per cent.

So is that good news? Generally, yes. Carleton U's Ian Lee told me, "The more you grow, the more your GDP grows." It's not particularly surprising news, either.

After all, he pointed out, we're already the fourth-most-populous metropolitan area in the country, and the more people you have, the more you attract. High levels of education make the region attractive to employers, and of course there's the employment boost provided by the federal government.

"That robust population growth ... also makes Lee more optimistic the local economy can absorb the hit from looming federal job losses"

"That's going to be a magnet for growth," he said, "and I don't just mean public servants. I mean people trying to influence government, trade associations, lobbyists, law firms, accounting firms, businesses doing business with government or trying to do business with government."

That robust population growth, swelling our workforce to some 650,000, also makes Lee more optimistic the local economy can absorb the hit from looming federal job losses. He points out that the Liberals made bigger cuts in the '90s than the Tories are contemplating now.

"How can it have a worse impact than a much bigger downsizing in a much smaller economy 15 years ago?" he asked.

But this growth is not without its costs. Our biggest population increases were in the burbs, placing bigger demands on roads, utilities and schools. The growth rate was a whopping 25 per cent in Barrhaven, where residents are lobbying for an expansion of Longfields-Davidson Heights Secondary School.

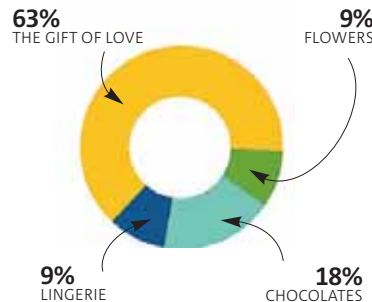
LDHSS opened in 2009 with room for 1,350 students, and is already packing another 125 into portable classrooms. Parent council co-chair Taz Mawji said some phys-ed classes are being held in the hallways because the gym's booked up. And in three years, according to one projection, the school will be 700 students over capacity and relying on 35 portables.

The National Capital Commission is consulting Canadians, asking what kind of capital they'd want in 2067. But the 100,000 people who moved here since the last census and the individual decisions they make matter more than opinion surveys. Where you live, how you get around, what you buy, where you work and play — all of this will shape Ottawa's future more than any government strategy.



Register at
metropolitanpanel.ca
and take the quick poll

What is the best Valentine's Day gift?



Daily Zoom

That's a mouthful



ALTAF QADRI/THE ASSOCIATED PRESS

Playing plow-boys and Indians

A villager balances a plow in his mouth during a rural sports festival, also known as Indian Rural Olympics, in Kila Raipur, near Ludhiana, India, on Saturday.

The festival featured major Punjabi rural sports including bullock cart race, tug-of-war and tractor races. **THE ASSOCIATED PRESS**



Sports crazy

- Sikh warriors demonstrated ancient skills, like the man shown at left riding two horses at once.
- Villagers displayed their strength by allowing a tractor carrying three adults to drive over them or by pulling a car with their teeth.
- There were animal events, too, with bulls jumping upended cots and horses dancing to drum beats.



comwave Home Phone

Happy Valentine's Day

**All Features
FREE**



Home Phone
starting from
\$14⁹⁵
/month

All Features Free Including:
Caller ID , Call Forwarding, Voice Mail , Call Waiting
... and much more

Unlimited Local

Unlimited local calls plus
over 14 FREE features



\$14⁹⁵
/month

Unlimited Canada

All the features FREE plus
unlimited Canada wide
long distance



\$19⁹⁵
/month

Unlimited Global

Unlimited long distance to
almost 60 countries plus
all features FREE



\$29⁹⁵
/month

Limited time offer

6 Months FREE

Your Satisfaction is Guaranteed or You Pay Nothing!



comwave

1-866-770-8085

www.comwave.ca



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINE/VOIP BY has certain limitations versus traditional POTS. All Unlimited Plans do not include calls to the Yukon, Northwest, Alaska and Hawaii. The 6 Month free Promotion is based on a 30 Day Satisfaction Guarantee period. The Cordless Plan includes a 30 Day Satisfaction Guarantee period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guarantee period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 90 days, you will receive an additional 3 months free for a total of 6 months free. Terms and conditions apply, see www.comwave.ca for details.



comwave Long Distance

Lowest Rate Guarantee

- ✓ No matter where you call... anywhere in the world
- ✓ No matter what rate you currently pay

Comwave will beat it...

GUARANTEED!

**Call your special
someone even
from your
mobile phone**

Australia	1 ⁹ C/min	Iran	5 ⁹ C/min	Romania	1 ⁹ C/min
Bangladesh	from 3 ⁹ C/min	Israel	1 ⁹ C/min	Russia	from 1 ⁹ C/min
Bosnia	13 ⁹ C/min	Italy	1 ⁹ C/min	South Korea	2 ⁹ C/min
China	1 ⁹ C/min	Lebanon	7 ⁹ C/min	Sri Lanka	9 ⁹ C/min
Colombia	from 3 ⁹ C/min	Mexico	from 1 ⁹ C/min	Trinidad	4 ⁹ C/min
Cuba	89 ⁹ C/min	Pakistan	5 ⁹ C/min	U.A.E	14 ⁹ C/min
El Salvador	9 ⁹ C/min	Philippines	11 ⁹ C/min	Ukraine	7 ⁹ C/min
Germany	1 ⁹ C/min	Poland	1 ⁹ C/min	U.K	2 ⁹ C/min



Unlimited Canada



Unlimited calling to
anywhere in Canada

\$5 /month

1 Cent to India



1000 Minute bundle
only \$10/month

1¢ /min

30 Minutes Every Month **FREE**

(To Canada & USA)

Satisfaction Guaranteed... No Contracts



comwave

1-866-770-8085

www.comwave.ca



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lowest Rate Guarantee is based on competitors' lowest advertised rates for the services. Comwave will not rate-match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Bundled minute plans cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Extra minutes will be billed at our lowest rate guaranteed. Calls to Canadian Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

2

scene

Box office



Love has triumphed over action at the weekend box office, with a No. 1 debut for the romantic drama *The Vow*. The love story starring Rachel McAdams and Channing Tatum took in \$41.7 million. Landing a close second with \$39.3 million was Denzel Washington and Ryan Reynolds' thriller *Safe House*. Coming in solidly at No. 3 was Dwayne Johnson's *Journey 2: The Mysterious Island* with \$27.6 million.

THE ASSOCIATED PRESS



For more coverage of last night's Grammy Awards, scan this code or visit metronews.ca/scene

Grammy Awards strike a sombre note

► Music industry pulls together last-minute tributes in the wake of Whitney Houston's death

Bruce Springsteen opened Sunday's Grammy telecast with his fist-pumping new single *We Take Care of Our Own*, before host L.L. Cool J led the evening's first of many expected tributes to the late Whitney Houston.

The rapper-turned-actor noted that Springsteen's music speaks to our times, before mentioning Houston, who died suddenly at age 48 on the eve of the show.

"Tonight we ask ourselves, How do we speak to this time, to this — today?" he said. "For me, the only thing that feels right is to begin with a prayer."

That was followed by a video retrospective of Houston, but the host finished his monologue on a high-energy note before multiple nominee Bruno Mars led a frenetic performance of his single *Runaway Baby*.

But the minds of the music community were clearly preoccupied with Houston.

The mood was muted as the bulk of Grammys were handed out at an afternoon ceremony in which the Foo Fighters claimed a leading four trophies.

Mars was just the first



► Bruce Springsteen opens Sunday night's Grammy Awards show.

artist to shout out to Houston during his performance, and a tribute performance by Jennifer Hudson was expected later.

Kanye West won three Grammys, including one for best rap album, while Adele, Taylor Swift and Tony Bennett claimed two apiece.

Toronto native Melanie Fiona was among the win-

ners to pay her respects to Houston, as she claimed two awards for her Cee Lo Green collaboration *Fool For You*. Montreal's Caroline Robert was also a winner, taking best recording package for designing the deluxe re-release of Arcade Fire's *The Suburbs*.

The rest of the Canadian contingent didn't fare so well.

Drake missed out on

two of his three nominations — the other, best rap performance, was to be contested during the broadcast — while Sum 41 and Toronto composer Ryan Shore also missed out on awards.

And Deadmau5 had a trio of Grammy noms going in, but lost in all categories to his friend Skrillex.


THE CANADIAN PRESS

Honouring Houston

► The Grammy Awards was transformed into a Whitney Houston memorial, where attendees celebrated the pop star and the show hurriedly assembled a last-minute tribute. Sunday night's ceremony, just a day after Houston was found dead in her Beverly Hills hotel room, began with the tone of a wake, where the music industry honoured one of its biggest stars and a six-time Grammy winner. "We've had a death in our family," said host LL Cool J.



► Nicki Minaj arrives on the red carpet.



YOU COULD

WIN A


BREAKING DAWN

BLU-RAY™ PRIZE PACK!


AVAILABLE NOW ON DVD, BLU-RAY™ AND DIGITAL DOWNLOAD

To register and for full contest details visit clubmetro.com

VISIT



TO ENTER



TM & © 2011 SUMMIT ENTERTAINMENT. ALL RIGHTS RESERVED.



A life of highs and lows

SAM CASTONE
SCENE@METRONWS.CA
METRO WORLD NEWS IN NEW YORK

Whitney Houston — music icon, best-selling artist, winner of six Grammy awards, movie star and admitted drug addict — died Feb. 11 at age 48, a spokesman said.

She was found unresponsive at the Beverly Hilton Hotel in Los Angeles, hours before she was to attend a Grammy party hosted by music producer Clive Davis.

Born in Newark, N.J., into a musical family, Houston was the daughter of Cissy Houston, a gospel singer, and cousin of Dionne Warwick (with Aretha Franklin as her godmother). In the 1980s, she started performing with her mom in New York City nightclubs,



► Whitney Houston was 48 years old at the time of her death.

where she was spotted by Davis, who produced her debut, Whitney Houston, in 1985. How Will I Know, Saving All My Love, The Greatest Love of All: The songs became the soundtrack to the 1980s, selling

millions. Her follow-ups also went No. 1, with the 1992 soundtrack to her film The Bodyguard topping the U.S. charts for months. Its single, I Will Always Love You, was the best-selling single by a fe-

male artist ever.

Over her lifetime, Houston sold some 55 million records.

But in the 1990s, her career, and life, went downhill.

In 1992, she married Bobby Brown, an R&B singer. They divorced in 1997, but not before years of domestic abuse calls and doing drugs together.

Houston began admitting her problems with marijuana and cocaine (not crack; "Crack is whack," she said memorably) in television interviews.

"The biggest devil is me," she told TV interviewer Diane Sawyer in 2002, with Brown next to her. "I'm either my best friend or worst enemy."

She is survived by their daughter, 18-year-old Bobbi Kristina Houston Brown.

TIMELINE

A look at the ups and downs of Whitney Houston's life.

Highs

The charts

- Houston ruled them in the 1980s and early '90s. She was the first artist ever to score seven consecutive No. 1 Billboard Hot 100 hits, which included Saving All My Love for You, How Will I Know, Greatest Love of All, I Wanna Dance with Somebody (Who Loves Me) and more.

The movies

- Although not critically acclaimed, her film work was respected and popular with fans, with The Bodyguard earning \$410 million worldwide.

Lows

The marriage

- The pairing raised



eyebrows: the church-going Houston and the hard-edged R&B singer Bobby Brown. He was repeatedly arrested. She lost her good-girl image.

The drugs

- Houston was open about her addictions. And the toll they took on her voice was evident in her final albums.

The end

- After appearing on a reality show about her husband, Houston is now remembered as a "former" icon-turned-mess. But her legacy remains. Her fans will always love her.

SEND SOME LOVE

Declare your love to the world by sending a Valentine's Day message to someone special!

Call **1 800.527.6767** before noon on February 13 and create your Valentine's Day message that will appear in Metro on February 14.

SMALL
15-20 words \$4

MEDIUM
25-30 words \$9

LARGE
40-50 words or 25-30 with small picture \$18

MAKE 'SPARKS FLY' THIS
VALENTINE'S DAY
WITH TICKETS TO

CAPITAL
HOEDOWN
2012

TAYLOR
SWIFT

BRAD
PAISLEY

REBA

RONNIE
DUNN

SHERYL
CROW

AUGUST 10, 11, 12
WALTER BAKER PARK • OTTAWA, ON

TERRI CLARK

THE BAND PERRY

DEAN BRODY

GORD BAMFORD

TARA ORAM

CHAD BROWNLEE

HIGH VALLEY

MARSHALL DANE

TICKETS ON SALE NOW!
capitalhoedown.net



Zombies creep their way into our hearts

- ▶ Season 2 of The Walking Dead moved at snail's pace
- ▶ Viewers need time to get emotionally involved with the characters, says the show's executive producer



AMBER
RAY

SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Zombies are relatively slow creatures, we get it — they're technically dead, for starters, which severely limits cognitive abilities.

But for some fans of The Walking Dead, the first half of Season 2 moved at a criminally lethargic pace — even for a drama about a small band of humans trying to eke out an existence post-zombie apocalypse.

So we sat down with Robert Kirkman, creator of the graphic novel series on which the TV show is based, and executive producer Glen Mazzara, who took on showrunner duties this season, to find out why the survivors have spent so much time hanging out on a farm, and what happens after the devastating events set in motion in the midseason finale.

There was so much chaos in the first season, just in introducing the fact that a zombie apocalypse had occurred. Was it always your intention to make the conflict in Season 2 more internal?

Glen Mazzara: It was important to push in and develop our characters. We really wanted to spend time and examine who these people are and to get to know them. The more fully realized these characters are, the more emotionally damaging it is when we lose them. Hopefully that's the case.

These fans love these characters and they get upset, they get pissed off, they get excited, they get afraid for them, and that's something that's very special as that does not happen on most TV shows. The show is about the characters. And if we weren't spending time with them, I don't know if that would be the case.

One of the characters fans love to hate right now is Shane, who has made some shocking choices — particularly when he sparked a mas-



▶ Jon Bernthal plays Shane Walsh on The Walking Dead on AMC.

sacre at the farm. At this point, is he redeemable?

GM: Shane is not a villain. He's a guy who makes total sense to us. He's a guy who feels he knows best. Now he's a guy whose baby is being carried by his best friend's wife — you know, he believes that. Was Shane justified in what he did in the finale? That's an interesting question. He's not necessarily out for his own preservation, so he's an interesting character. Of course he's polarizing, he's dynamic. Jon Bernthal does a great job playing him.

How quickly is the "Was Shane justified?" question addressed as the series returns? Robert Kirkman: We hit the ground running from minute one. It's pretty much Rick and Shane at odds over what Shane did at the barn.

GM: Shane and Rick present two very different types of leader for the group, and that'll tear at the group for the rest of the season.

That final scene at the barn, which clearly showed the leadership styles of both men,

was very poignant.

GM: And that's what we were building to. You know, some people said that the show's slow, it's quieter or more character-based. It was designed to build to that payoff. So I think because that payoff was so successful, that first part of the season was successful.

The midseason finale ended with a lot of action. Will that pace continue through the rest of the season?

RK: The midseason finale was the beginning of an escalation that brings us all the way to the end of our season. That event and those people being at odds over this thing that Shane has done really kind of drives us to event after event after event. We are going to end with six episodes that are absolutely packed.

GM: It's a roller coaster. What's interesting is after the events at the barn, it's impossible to slow down. And sometimes we actually thought, "Should we slow down?" It's impossible to go back. The show's off the hook.

MATTHEW WELCH/AMC/MCT



metro

Y101

mycora

brookstreet

CRASH MUSIC

Whitney Houston: What we know now

► The shocking news that music legend Whitney Houston died on Saturday has everyone asking: What happened? As of press time, here's what we know:

THE WORD

DOROTHY ROBINSON
SCENE@METRONWS.CA



• On Thursday afternoon, a Los Angeles Times reporter who was on hand to cover rehearsals with Brandy, Monica, and Clive Davis for the mogul's annual pre-Grammys party, described Houston as reeking of alcohol, "visibly bloated," and "disheveled in mismatched clothes and hair that was dripping wet with either sweat or water."

She spent half the day "wandering aimlessly" around the lobby of the Beverly Hills Hilton, where she was set to perform at the same event.

Reportedly, guests even called security on the singer, because she was performing handstands by the hotel pool.

• As of now, it looks like



MARK J. TERRILL/THE ASSOCIATED PRESS

► Media mobs a coroner's van as it leaves the Beverly Hilton Hotel early Sunday in Beverly Hills.

the cause of death was from drowning in a bathtub; Houston was probably under some kind of sedation. According to TMZ.com, her stylist, hairdresser, and two bodyguards were among the ones who found Houston in the tub underwater. She had apparently been in the bathroom for more than an hour and her hairdresser, concerned they wouldn't have time to get ready for

Clive Davis' pre-Grammys bash, where she was set to perform, went in to check on her.

• Per TMZ.com, they discovered her with her "face ... below the water and her legs were up ... like she had slid down the back of the tub." The bodyguards pulled her out and called hotel security. After unsuccessfully performing CPR on her "cold" body, para-

medics, who quickly arrived on the scene, pronounced her dead at 3:55 p.m.

• Radaronline.com reports no illicit drugs were found in Houston's hotel room, but police did recover a half dozen pill bottles from the room, including Xanax.

• An autopsy was performed on Sunday but no foul play is suspected.

Celebrity tweets



God Bless The Dead. Whitney Houston R.I.P. She Was Only 48 Years Young.



@SpikeLee

@ElizabethBanks

Wow. RIP Whitney Houston. Grew up on her. She contributed to the soundtrack of many of my 12-year old sleepover parties.



@Joan_Rivers



Whitney Houston. What a sad tragedy-the end of the life of an incredible talent. RIP to an amazing singer and legend.

@justinbieber



just heard the news. so crazy. One of the GREATEST VOICES EVER just passed. RIP Whitney Houston. My prayers go out to her friends and family

ED BURKE FOR BEYONCE.COM/COURTESY OF THE CARTER FAMILY/THE ASSOCIATED PRESS



► In this undated image released by Beyonce.com, Beyoncé Knowles holds her daughter Blue Ivy in a recent family photo.

This weekend, Jay-Z and Beyoncé released photos of their daughter, Blue Ivy, born Jan. 7.

Photos of the one-month-old were posted by her parents on a Tumblr blog page.

For more pictures, check out <http://helloblueivy-carter.tumblr.com>.

A hand-written note accompanying the photos reads, "We welcome you to share our joy."

THE ASSOCIATED PRESS

Learning happens in everything we do.

Whether you team up to sort laundry, write a grocery list, or discover a new route to school, you are learning together. How will you learn with your family? Take the learning journey at FamilyLiteracyDay.ca and download your Journey to Learning Passport.

JOURNEY TO LEARNING PASSPORT

Family Literacy Day

ABC Learning Canada

KIDS HAVE ALL MOVED OUT?

SELL YOUR STUFF FOR FREE

metroclassifieds.ca
1 800-527-6767

metro

Valentines Trio's

Roses, Chocolates, Teddy

from **\$24.99**

ROSES
cash and carry
from **\$14.99**

1401 Blair Place

Weekly Flowers .com 613-748-0000

mobile Scan/Offer

Happy Valentines

3 life

Stats for singles

2012 It's the Year of the Dragon, traditionally a very auspicious time to get hitched.

26.5



28.7

The average age people marry — it's later every year.
SOURCE: PEW STUDY



Lollipops, glow sticks help to ensure your Valentines won't fall flat.

Quiz: Why am I single?

► Why are you alone? ► Take this little test to find out the real answer



SHAKTHI JOTHIANANDAN
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

1. An attractive lady or fellow smiles at you on the subway.
You:

- A** Look away
- B** Sorry, what did you say? My head's buried in a book on ancient bee-keeping.
- C** Deepen your scowl
- D** Are too busy eyeballing someone else

2. When you go to a party, you:

- A** Spend the whole time sneaking away to play Words with Friends
- B** Spend the whole time thinking about the reality



► Is he Mr. Right?

TV marathon you'd rather be watching
C Tell everyone who will listen the awful story about the time your ex slept with your friend
D I don't really go to parties. Too busy "makin' it rain" at the strip club

3. It's summertime. You're in the park and a cutie's frisbee is tossed your way. You:

- A** Quickly throw it back without a smile
- B** Don't notice because it didn't hit the bee hotel you're building
- C** Take out your laptop



► I love weddings!

D Compliment him/her on his/her slammin' bod

4. Describe your weekend:

- A** These nails aren't gonna paint themselves
- B** Visiting an out-of-town store devoted entirely to antique Judaica
- C** People are so insufferable, why would I want to make plans with them?
- D** Going to dinner with your married friends

5. It's time for your annual company retreat. Your co-workers:

- A** Don't notice you're not there; you always skip out on office events
- B** Avoid you like the plague; all you ever talk about is bears, beets and The Wire
- C** Are other disgruntled office drones; misery loves company!
- D** Have all already had sex with you, so you have to hit on the waiters at the end-of-weekend party

6. Which song do you identify with the most?

- A** I Am A Rock by Simon and Garfunkel
- B** The song of the humpback whale. Real "music" doesn't do it
- C** Heaven Knows I'm Miserable Now by The Smiths
- D** Where Them Girls At by David Guetta

7. How many relationships have you had?

- A** None. I just can't seem to meet or click with people
- B** One, but we broke up soon after because she or he thought I spend too much time online
- C** A few. And boy, was that last one a doozey
- D** Relationships are for suckers

8. How do you feel about attending weddings?

- A** I go only when forced to — if it's that of a close family member or friend
- B** Love 'em! A new audience I can impress with my killer humpback whale calls
- C** They're a great chance to place bets on when the couple will divorce
- D** Um, have you seen Wedding Crashers?

9. What's your favourite way to unwind after a long day at work?

- A** Drinks with a few friends at our usual haunt
- B** Re-organizing my antique Judaica collection
- C** On the couch, downing half-a-bottle of red wine and listening to Adele
- D** Hitting up a couples' cooking class by myself

10. Do you exercise?

You're single because...

► **Mostly A's:** You don't put yourself out there enough. We know you're a catch but you don't give anyone else the chance to get to know you. Perhaps you're shy, sticking to your comfort zone, a loner or all three. Diversify your social activities, take more risks and put yourself in situations where you can meet new people.

► **Mostly B's:** Your interests are too narrow. It's time for a reality check: Those fascinating things are only fascinating to you. Try developing new skills and hobbies that will allow you to connect with a wider group of people, and don't let your all-consuming love of miniature accordions alienate others.

► **Mostly C's:** You're bitter. Whoa. Putting aside the fact that you may need therapy, it's clear that you've given up on love. Tone it down. Fake a smile. Take an inspirational seminar. And yeah, definitely start therapy.

► **Mostly D's:** You're not looking for a relationship. We're pretty sure you didn't even need to take this quiz — you know why you're single and we're jealous. Good for you! (Use protection.)

- A** Sure, love running and hiking solo
- B** Not really. Usually spend all my free time holed up in a movie theatre.
- C** What's the point of looking good? Nobody's looking at me anyway
- D** Duh. The gym is the best place to troll for this week-end's hotness

YOU COULD

WIN

A FABULOUS 14K DIAMOND CLUSTER GOLD RING FROM LA MAISON D'OR!

SIGN UP AND TELL US IN 50 WORDS OR LESS, WHY "WALK IN HER SHOES" IS A GREAT WAY TO FIGHT GLOBAL POVERTY.

To register and for full contest details visit clubmetro.com



VISIT
club metro
.COM
TO ENTER



RING MAY NOT BE EXACTLY AS SHOWN

Slamming the stereotypes

► Across the country, creative competitions are encouraging youth to engage in personal relationships with poetry

While reading and creating poetry are a mandatory part of the curriculum of most school systems, it's not a career path deemed as lucrative or even sustainable to many aspiring writers.

Yet with teachers finding ways to make the ancient literary genre accessible, poetry is far from dead.

Many young people are embracing it as a way to relate, express and project their ideas.

David Silverberg is artistic director of Toronto Poetry Slam, a group that organizes contemporary, often high-energy, poetry competitions throughout the city.

At least once a week, Silverberg gets an e-mail from a teacher hoping to have a poet perform in the classroom.

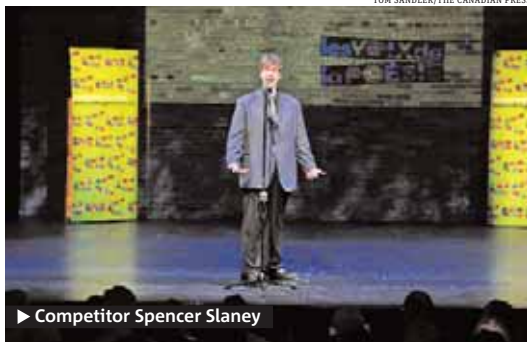
He said teachers often find the poetry unit in the curriculum a tough sell, and are trying to present it in creative ways.



► Winner Jonathan Welstead performs at the Poetry In Voice competition in Toronto in 2011.

"They're finding out about Slam and realizing

TOM SANDLER/THE CANADIAN PRESS



► Competitor Spencer Slaney

that to make poetry jump off the page, they might need to have it performed by people who aren't much older than the actual students," he said. "People in their 20s and 30s, not dead white people."

Last year, a recitation competition called Poetry in Voice was launched in Ontario.

Founded and funded by philanthropist Scott Griffin (whose annual Griffin Poetry Prize is touted as being the world's richest), its purpose is to encour-

age students to develop a personal relationship with poetry, through memorization and performance.

The inaugural event proved to be so popular that it's expanded to Quebec this year, and will be a national competition by 2013.

The competition's creative director, Damian Rogers, said there are more opportunities to engage with contemporary poetry through slams and recitation contests than

there were even a decade ago.

"I think the growing success of these programs is a reflection of the fact that many students are connecting with poetry as a meaningful way to express feelings and experiences that they would otherwise not find a way to express," she said.

Rogers talked to several teachers who were thrilled that some of the students taking part in the competition had

"They're finding out about Slam and realizing that to make poetry jump off the page, they might need to have it performed by people who aren't much older than the actual students..."

DAVID SILVERBERG
ARTISTIC DIRECTOR OF
TORONTO POETRY SLAM

#ImAPoet

Who knew that a quick social media update could be a flex of your poetic muscle?

► Although the younger generation seems to be more comfortable expressing themselves in 140 characters or less, Poetry in Voice winner Jonathan Welstead said people shouldn't be quick to dismiss tweeting or communicating through other forms of social network as lowly or unenlightened.

► "The Facebook status update is the most pure and accessible form of poetry today, even if it's lacking in quality," he said.

► "It's a medium for people to share their thoughts with each other in a structured and poetic form."

found an outlet that they thoroughly enjoyed, since they didn't do well in athletics or drama.

"It seemed a bit of a game changer for some of the students," said Rogers, who is a published poet.

"It opened up a whole other area for them to excel in and a whole other opportunity to discover themselves."

Last year's Poetry in Voice winner Jonathan Welstead said that poetry appeals to him because it's the foundation to many modern forms of artistic expression.

"Poetry transcends artistic barriers to me," said the 18-year-old, who's a first-year student at University of King's College in Halifax. "Hip-hop culture has roots in poetry, so do most songs, and even theatre."

THE CANADIAN PRESS

Become a Health Industry Professional!

Health Office Administrator - 41 Week Diploma Program

The **Willis College** Health Office Administrator Diploma Program is an intensive 9-month program designed to prepare students for a career in Health Care. Graduates of the Willis College Health Office Administrator program can work in hospitals, medical offices, rehabilitation centres, long-term care facilities and work-from-home opportunities.

613-233-1128 • www.williscollege.com

Ottawa • Smiths Falls • Toronto • Cobourg • Thunder Bay • Barrie • Sault Ste. Marie



Do your resolutions include finding a new career?

Explore what you want to be and how to get there.



Visit **CareerBear.com** to learn more

Internationally Trained Legal Professionals

Catholic Immigration Centre and World Skills are offering a FREE employment program dedicated to helping Internationally Trained Legal Professionals find alternative careers in Ottawa.

For details contact:
Maria Teresa Garcia
Tel.: **613-232-9634** ext. 389
E-mail: **maria@cic.ca**



24

metro

metronews.ca
MONDAY, FEBRUARY 13, 2012

Turning the dial to determination

► He pursued his dream relentlessly for more than a decade ► Finally Fitzroy Gordon's work is paying off

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA



Fitzroy Gordon was nine years old when he bought his first transistor radio in Jamaica.

He listened for hours and soon the budding DJ had his own radio station set up in the backyard. He spent all day spinning records and interviewing imaginary guests.

After his family moved



► Fitzroy Gordon in the control room on the morning of his radio station launch.

"I hope my story will give people strength, resolve and inspiration to fight on because without a fight you can never have victory."

FITZROY GORDON

to Canada, Gordon got into broadcasting and he realized that the black and Caribbean communities were not being served on the radio in Toronto.

I thought, "I'm going to step up and make it happen."

In 1998, Gordon assembled a team and began a 13-year odyssey to secure a

spot on the dial for his radio station.

He had no idea the emotional toll it would take on his life as he lost everything, including relationships, his house and car.

Gordon battled on and finally after a trip to Parliament Hill and an intervention from the Prime Minister, Fitzroy put G98.7 FM on the air in Toronto in November of 2011.

Now he plans to build a radio network across Canada.

"I hope my story will give people strength, resolve and inspiration to fight on because without a fight you can never have victory."

Spinning a song of success

Fitzroy Gordon's advice for the aspiring entrepreneur:

- Dreams never die, only the dreamer.
- The more difficulties you have the more determined you must become.
- Nothing comes easy. Perspiration brings inspiration.
- Have faith in your dream.



JOURNÉES EXPLORATOIRES ET D'ANTICIPATION

La Cité collégiale → Hiver 2012

La Cité collégiale accueille les participants afin qu'ils puissent explorer divers domaines par le biais d'ateliers pratiques.

- | | |
|-------------------------------|--------------------------------------|
| → arts appliqués | 16 février |
| → environnement et foresterie | 21 février |
| → administration des affaires | 24 février |
| → sciences humaines | 27 février |
| → biotechnologie | 28, 29 février, 1 ^{er} mars |
| → sciences de la santé | 28 mars |

Faites vite! Les places sont limitées.
Pour plus d'informations:

→ 613 742-2483, poste 2420 | selepag@lacitec.on.ca
→ www.lacitecollégiale.com



Le Collège des meilleures pratiques

A REAL FRENCH EDUCATION FOR YOUR CHILD

ecolecatholique.ca

613 746-3837 | 1 888-230-5131

Veuillez consulter notre site Web afin de connaître tous les critères d'admissibilité pour l'inscription de votre enfant.



CONSEIL DES
ÉCOLES CATHOLIQUES
DU CENTRE-EST
*Le meilleur conseil
qu'on puisse vous donner*

The caf gets cool

BRUCE WALSH
LIFE@METRONWS.CA
MWN IN PHILADELPHIA

Typically, college is not fondly remembered for culinary experiences, as students shuffle between the cafeteria and campus pizza joint.

But there are plenty of students and administrators alike who are pushing for more creative forms of nourishment. Here are three of the best campus culinary ideas taking hold at schools across the United States in 2012.

Michigan Technological University's Khana Khazana

What started as a fundraiser for Haitian relief is now a thriving weekly tradition at MTU. Each Friday, a different international student plays guest chef at the university cafeteria, sharing a favourite dish with



► Some school cafeterias are getting students excited.

fellow students.

With scarce ethnic cuisine available on the Upper Peninsula of Michigan, Khana Khazana (Hindi for "food treasure") attempts to open the minds of MTU students while filling their bellies along the way.

University of California, Riverside's Culinary Chameleon

While food trucks are

deeply ingrained in the culture of urban Northeast campuses, they're still largely an experiment at West Coast schools.

Rather than contracting vendors, this month UC Riverside is attempting to launch a truck owned and operated by the university.

The Chameleon promises to adjust its location and menu at the whims of the student body.

Boston University's Fancy Fridays

With plenty of ironic flair, every Friday BU students flaunt their very finest attire at Shelton Hall.

The cuisine is still 100 per cent BU dining services — grilled cheese (fromage grille, perhaps?) and pizza — but the speeches are high-brow, as founding student Thomas Unger often leads sparkling cider toasts extolling the virtues of cuf-links and other accoutrement.

CONSIDER A CAREER AS A PARALEGAL

Did you know that to practice as a Paralegal in Ontario you must be licensed by the Law Society of Upper Canada (LSUC)? In order to write the LSUC licensing exam, you must graduate from a program of study accredited by LSUC.

The paralegal program at Algonquin Careers Academy is accredited by LSUC. The objective of this program is to provide both theoretical and "hands-on" training in the key areas of paralegal work and to ensure the student is prepared to successfully undertake the Law Society's licensing exam.

The need for well-trained, competent legal professionals has never been greater. Paralegals may find employment in a wide variety of workplaces, including:

- Government (Federal, Provincial, Municipal)
- Advocacy agencies
- As a Self-Employed Paralegal
- Law and Paralegal Firms
- Courts (Federal and Provincial)
- Legal Clinics
- Banks/Financial Institutions
- Insurance Companies
- Large Corporations



PART-TIME EVENING CLASSES NOW AVAILABLE

You can complete this program in less than one year by attending school full time, Monday to Friday.

This program can be completed part time through evening and weekend classes.

ALGONQUIN CAREERS ACADEMY

1830 Bank Street 613-722-7811 www.algonquinacademy.com

CAREER TRAINING

Get technical. Train for a new career!

... Network Administrator ...



Train to become a:

- Network Administrator
- Computer Technician
- Technical Support Specialist
- Help Desk Troubleshooter

Everest
COLLEGE

BUSINESS • TECHNOLOGY • HEALTH CARE

Apply online at
www.EverestCanHelp.ca

Call Now for More Information!
1-866-843-8711

OTTAWA EAST • OTTAWA WEST

16 Convenient Locations in Ontario

Providing Quality Education in Ontario for More Than 40 Years

• Career services assistance available to graduates • Financial assistance may be available for those who qualify • Morning and afternoon classes available

Y Employment Access Centre

YMCA-YWCA



Looking for work? We can help!

We offer a range of resources and supports to respond to any career and employment need.

We are open to all and there is no charge for services.

- Employment consultation, job search support and workshops
- A resource centre with a variety of tools and information
- Referrals to other community programs
- Access to government funded programs, for example Second Career

Visit us at one of our locations:

Please bring photo ID and your Social Insurance Card

180 Argyle Avenue, 4th Floor

tel: 613.788.5001 ext. 5123

YEACargyle@nationalcapitalregionymca-ywca.ca

Monday-Wednesday 8:30am-4:30pm

Thursday 8:30am-7:00pm

Friday 8:30am-4:00pm

1642 Merivale Rd (Merivale Mall), 2nd Floor

tel: 613.688.2150

YEACMerivale@nationalcapitalregionymca-ywca.ca

Monday 8:30am-7:00pm

Tuesday-Thursday 8:30am-4:30pm

Friday 8:30am-4:00pm

This Employment Ontario program is Funded in part by the Government of Canada

EMPLOYMENT ONTARIO

Speedflirt

He winks,
she winks back

**Introducing Speedflirt, a flirty
new app for meeting singles in
your city looking for love or
friendship.**

**Create a profile, browse profiles
and find your match!**

Download and install the free app for your
mobile device - available on the App Store or
also available in Android Market.



Available in
**Android
Market**



Available on the
App Store

Unexpected way to jazz up comfort food

► Miso is more than just a soup we slurp with sushi
► Fermented bean paste, popular in Japanese cooking,
is a creative addition to a twist on macaroni & cheese

THE CANADIAN PRESS/HO

Miso Mac and Cheese



► This recipe makes six servings.

Though miso is from China, it is best known for its role in Japanese cooking, where it is used in soups, sauces, marinades, glazes and dressings.

Miso can vary widely in colour and flavour intensity based on how long it is aged and what ingredients are added with it.

Your best bet is to stick with sweet white miso. Its mellow savoury-sweet flavour is versatile and pleasant.

Preparation:

1 In pot of boiling, salted water, cook pasta for about 8 mins. or until tender but firm. Reserve 50 ml (1/4 cup) of the cooking water, then drain and set aside.

2 Meanwhile, in a large, deep skillet over medium, heat oil. Cook mushrooms for about 6 minutes or until well

browned.

3 Move skillet off heat. In a small bowl, mix together creme fraiche and miso. Stir in creme fraiche mixture, Parmesan, cheddar, garlic powder and hot sauce into mushrooms.

4 Once cheese has melted, add drained pasta. Stir in

enough of the reserved pasta cooking water to moisten, until pasta is coated. Season with salt and pepper if desired.

THE ASSOCIATED PRESS/ADAPTED BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Rose Reisman's Choose It And Lose It



We all know that breakfast is the most important meal of the day. However, just because it sounds healthy, doesn't mean it is!

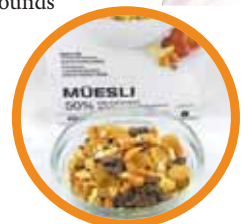
**PRESIDENT'S CHOICE
MUESLI
(1 CUP)
520 CALS, 14 GM FAT, 24 GM
SUGAR**



LOSE IT!

**PRESIDENT'S CHOICE
CRUNCHY MIXED BERRY
(1 CUP)
210 CALS, 1 GM FAT, 13 GM
SUGAR**

THE SMALL AMOUNT OF DRIED BERRIES AND LACK OF NUTS BRING DOWN CALORIES. THE GRANOLA CLUSTERS ARE DELICIOUS.
[FOR MORE, VISIT ROSEREISMAN.COM]



MUESLI SOUNDS HEALTHY BECAUSE IT'S MADE FROM WHOLE OATS. BUT HIGH NUTRIENTS COME FROM THE AMOUNT OF DRIED FRUITS, NUTS AND SUGAR. ONE CUP IS EQUAL TO THREE ORDERS OF MANCHU WOK KUNG PAO CHICKEN IN CALORIES.



ISTOCK PHOTOS



Shading your energy costs

- There is a simple solution to cutting your energy
- Natural window blinds can save you up 50 per cent



Boosting your home's insulation can be a daunting, expensive task: sealing cracks, replacing doors and windows, ripping walls apart to add more fiberglass. If that's making you cringe, there are simpler solutions. It turns out you can cut expenditures like air conditioning by as much as 50 per cent with a simple, humble, old-school product – the window blind.

"Glass lets heat or cold penetrate from the outside to the inside, and vice versa, very easily," says Steve Kleihege, a product management specialist at Blinds.com. "You need something – another barrier – to stop that from happening."

We're not talking about a simple roll-up piece of vinyl or plastic here. Sophisticated design and natural ingredients make a huge difference in how

20
Windows account for 20 per cent of the exterior wall space in many homes – and 20 times more heat flows through them when they are uncovered. This unnecessarily eats up energy, in the form of extra heating or air conditioning.

much money and energy you can save.

"When I think of eco-friendly window products, I like ones that are manufactured out of products naturally grown from the earth, that don't contaminate anything in the air, and can be recycled," Kleihege explains.

Bamboo blinds put an attractive, natural barrier between your home and the sun's heat. But if you really want to cut your electricity bill, cellular shades are the way to go.

"These products are manufactured out of fabric. They have pockets formed in the blind that help trap air, which stops the heat or the cold coming from the outside into your room. For best savings, your shade would need to be lowered on every window, especially during the day. And in the evening time when the heat isn't so bad, you can always raise them up."

Window glass is a spectacularly efficient transmitter of heat. The biggest window-blind savings come from exterior products, which block the sunlight before it even reaches your glass.

"You have roller shades, which are like screens, and you can also have permanent stationary screens on the outside," says Kleihege. "That is probably the most energy-efficient shade out there. If the heat never touches the glass, it will never get to your room."

For more information, check out blinds.com.

Speedflirt

She flirts,
He flirts back

Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.

Create a profile, browse profiles and find your match!

Download and install the free app for your mobile device - available on the App Store or also available in Android Market.



Available in
Android Market

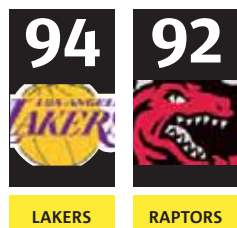


Available on the
App Store

4
sports

So close, and yet so far

► Raptors nearly upset Lakers before Bryant sinks jumper with four seconds left to seal win



LAKERS

RAPTORS

Kobe Bryant didn't need a huge game to dismantle the Toronto Raptors, just one good look with a few seconds left on the clock.

The Lakers superstar drained a long fadeaway jumper from the baseline with 4.2 seconds to play Sunday to lift Los Angeles to a 94-92 victory over the Raptors.

The Lakers' victory spoiled an excellent afternoon for Jose Calderon, who scored a career-high 30 points for Toronto (9-20), and came after the Raptors had battled back from an 18-point deficit.

"That's his instinct, especially late in the game, that's why you really can't have a close game," Toronto's DeMar DeRozan said of the Lakers star who famously dropped 81 points on the Raptors back in 2006.

Linus Kleiza added 15 points, Leandro Barbosa finished with 12 and DeRozan doled out a career-high seven assists in what was very nearly the Raptors' second consecutive big upset, coming two days after Toronto beat the



► DeMar DeRozan tries to cover Lakers star Kobe Bryant on Sunday.

Boston Celtics.

The game's final few seconds drew angry boos from the crowd of 19,311

at Air Canada Centre — just shy of a sellout — after Rasual Butler tried to call a timeout on Toron-

to's possession with 3.6 seconds left. Officials ruled Butler didn't signal for the timeout before the



"I was proud how we dug ourselves out, but not happy with how we dug the hole."

RAPTORS COACH DWANE CASEY

allowable five seconds to inbound the ball, giving possession to the Lakers.

Raptors coach Dwane Casey, who was also hollering for a timeout from the bench, was livid with the call, but bit his tongue after the game for fear of being fined by the league.

"I like my money, what little money I make I like it, so I'm not going to comment on it," said Casey. "It's a tough call."

Calderon's previous career-high of 27 points came almost four years ago to the day — Feb. 11, 2008 versus San Antonio. The Raptors guard, however, shrugged off his performance.

"It doesn't matter, we lost so I don't care," Calderon said. "It's tough, when we had a chance to beat another great team like L.A. But we couldn't today so we've got to grab the positive part, we can compete against everybody, we've got to believe we can do it."

Quoted



"Pebble Beach ... it feels awesome no matter what number it is."

PHIL MICKELSON, WHO WENT FROM A SIX-SHOT DEFICIT TO A TWO-SHOT LEAD IN JUST SIX HOLES TO WIN FOR THE FOURTH TIME AT PEBBLE BEACH. HE BECAME ONLY THE NINTH PLAYER IN PGA TOUR HISTORY WITH 40 WINS.

Come celebrate 20+ years with
Ottawa's #1 V.I.P. Cabaret

• "WOW" \$3.75
RETRO PRICING

from
Feb 15th
to Mar 4th

- SHOWCASING 30+ OF OTTAWA'S FINEST GIRLS DAILY
- EXECUTIVE LUNCH BUFFET
Mon - Friday - 11:45am - 1:45PM
- FREE NHL JERSEY GIVEAWAY
EVERY THURSDAY @ LUNCH

Barbarella's
BETTER THAN EVER!!!

340 Queen Street • 613-234-8709

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	54	36	13	1	4	153	110	77	18-6-0-2	18-7-1-2	7-2-0-1	W3
d-Boston	53	34	17	1	1	184	120	70	18-9-1-1	16-8-0-0	5-4-1-0	W1
d-Florida	55	27	17	5	6	141	152	65	14-5-1-6	13-12-4-0	6-3-0-1	W3
Philadelphia	55	31	17	2	5	179	165	69	13-9-1-4	18-8-1-1	4-3-0-3	L1
Pittsburgh	55	31	19	2	3	171	146	67	16-7-2-0	15-12-0-3	7-2-0-1	W1
New Jersey	55	31	20	1	3	154	155	66	15-10-0-3	16-10-1-0	5-3-0-2	L2
Ottawa	58	28	22	6	2	169	181	64	15-11-2-1	13-11-4-1	2-6-2-0	L1
Toronto	56	28	22	3	3	171	166	62	16-9-2-2	12-13-1-1	5-4-0-1	L3
Washington	55	28	22	2	3	153	155	61	19-7-0-2	9-15-2-1	3-4-2-1	L2
Winnipeg	57	26	25	3	3	139	161	58	16-8-0-2	10-17-3-1	4-5-0-1	L1
Montreal	56	23	24	2	7	149	149	55	11-11-2-5	12-13-0-2	6-3-0-1	W4
Tampa Bay	54	24	24	3	3	153	181	54	15-8-1-1	9-16-2-2	7-1-2-0	W1
Buffalo	55	24	25	3	3	136	158	54	13-10-3-3	11-15-0-0	5-4-0-1	L1
NY Islanders	55	23	24	5	3	131	159	54	12-13-5-0	11-11-1-2	5-3-1-1	L2
Carolina	56	20	25	7	4	142	172	51	14-12-0-3	6-13-7-1	4-2-3-1	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	56	37	17	1	1	178	132	76	22-2-1-0	15-15-0-1	7-2-0-1	W2
d-Vancouver	55	34	15	0	6	178	138	74	15-6-0-4	19-9-0-2	6-1-0-3	L1
d-San Jose	52	30	16	3	3	153	124	66	18-9-2-0	12-7-1-3	5-4-0-1	W1
St. Louis	54	33	14	1	6	136	111	73	23-3-1-3	10-11-0-3	7-2-0-1	W3
Nashville	56	32	18	3	3	158	148	70	17-7-2-2	15-11-1-1	6-2-0-2	L3
Chicago	59	29	20	4	3	174	171	65	19-6-1-3	10-14-3-0	2-7-1-0	L8
Los Angeles	57	27	19	5	6	124	124	65	15-11-0-4	12-8-5-2	4-4-1-1	W1
Phoenix	56	27	21	3	5	148	144	62	14-10-2-2	13-11-1-3	6-3-0-1	W5
Calgary	56	26	22	4	4	134	151	60	15-8-1-1	11-14-3-3	5-2-1-2	W1
Colorado	57	28	25	3	1	146	159	60	16-13-0-1	12-12-3-0	4-4-1-1	L1
Dallas	55	28	24	0	3	145	157	59	15-11-0-2	13-13-0-1	4-5-0-1	L2
Minnesota	55	25	22	4	6	125	144	58	13-9-1-2	12-13-1-4	3-6-0-1	L4
Anaheim	55	22	24	4	5	144	163	53	15-13-2-0	7-11-2-5	6-2-1-1	W1
Edmonton	55	22	28	1	4	147	165	49	15-8-1-2	7-20-0-2	5-4-0-1	W1
Columbus	56	16	34	1	5	131	185	36	9-15-1-2	7-19-0-3	3-6-0-1	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Florida 4 Islanders 1
N.Y. Rangers 3 Washington 2
Anaheim 5 Columbus 3
Los Angeles 4 Dallas 2
Tampa Bay at Pittsburgh
San Jose at St. Louis
Philadelphia at Detroit

Saturday's results

Calgary 3 Vancouver 2 (SO)
Edmonton 4 Ottawa 3 (OT)
Montreal 5 Toronto 0
Pittsburgh 8 Winnipeg 5
Boston 4 Nashville 3 (SO)
Columbus 3 Minnesota 1
Florida 3 New Jersey 1

N.Y. Islanders 2 Los Angeles 1 (OT)
N.Y. Rangers 5 Philadelphia 2
Phoenix 3 Chicago 0
St. Louis 3 Colorado 2 (OT)
Tampa Bay 2 Buffalo 1

Tonight's games

San Jose at Washington, 7:30 p.m.
Carolina at Montreal, 7:30 p.m.
Phoenix at Vancouver, 10 p.m.

Tomorrow's games

N.Y. Rangers at Boston, 7 p.m.
New Jersey at Buffalo, 7 p.m.
St. Louis at Columbus, 7 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Dallas at Detroit, 7:30 p.m.
Chicago at Nashville, 8 p.m.
Anaheim at Minnesota, 8 p.m.
N.Y. Islanders at Winnipeg, 8:30 p.m.
Toronto at Calgary, 9 p.m.

(tripping) 9:08, Hall Edm (goaltender interference) 13:21.

Second Period

2. Edmonton, Paajarvi 1 (Hemsky, Horcoff) 14:05

3. Ottawa, Michalek 24 (Spezza, Butler) 16:23

4. Edmonton, Eager 6 (Petry, Lander) 18:52

Penalty — Ott bench (too many men; served by Foligno) 2:50.

Third Period

5. Edmonton, Horcoff 10 (Hemsky, Paajarvi) 0:42

6. Ottawa, Karlsson 9, 9:30

Penalties — None.

Overtime

7. Edmonton, Hall 19 (Horcoff, Gilbert) 0:17

Penalties — None.

Shots

Edmonton 12 17 8 3—40
Ottawa 17 17 8 0—42

Goal — Edmonton: Khabibulin (W,12-16-4); Ot-tawa: Anderson (L,25-20-5). **Power plays (goals-chances)** — Edmonton: 0-2; Ottawa: 0-2.

Referees — Marc Joannette, Wes McCauley. **Linesmen** — Scott Driscoll, Pierre Racicot.

Att. — 20,085 (19,153) at Ottawa.

PENGUINS 8, JETS 5

First Period

1. Winnipeg, Wellwood 11 (Enstrom, Byfuglien) 5:17

2. Winnipeg, Burmistrov 10 (Miettinen, Stapleton) 8:04

3. Pittsburgh, Jeffrey 3 (Staal, Letang) 12:11

4. Pittsburgh, Neal 29 (Malkin) 16:42

Penalty — Letang Pgh (holding stick) 17:54.

Second Period

5. Pittsburgh, Kunitz 15 (Malkin, Fleury) 3:12 (pp)

6. Pittsburgh, Letang 6 (Malkin, Kunitz) 9:53

7. Winnipeg, Stapleton 8 (Wheeler) 14:19

8. Pittsburgh, Malkin 30 (Kunitz, Neal) 17:08

Penalties — Thornburn Wpg (roughing) 2:01, Enstrom Wpg (tripping) 11:33.

Third Period

9. Winnipeg, Byfuglien 8 (Little, Wheeler) 4:35

10. Pittsburgh, Park 5 (Orpik, Adams) 4:54

11. Pittsburgh, Staal 16 (Dupuis, Cooke) 7:48

12. Winnipeg, Little 14 (Hainsey, Bogosian) 10:02

13. Pittsburgh, Letang 7 (Malkin, Kunitz) 17:16 (pp)

Penalty — Ladd Wpg (slashing) 16:57.

Shots

Winnipeg 10 4 11 25
Pittsburgh 14 15 10 39

Goal — Winnipeg: Pavelec (L,20-19-6); Pitts-burgh: Fleury (W,29-13-3). **Power plays (goals-chances)** — Winnipeg: 0-1; Pittsburgh: 2-3.

Referees — Eric Furlatt, Stephane Auger. **Linesmen** — Derek Amell, Mark Shewchuk.

Att. — 18,602 (18,387) at Pittsburgh, Pa.

FLAMES 3, CANUCKS 2 (SO)

First Period

1. Calgary, Cammalleri 12 (Comeau, Hannan) 17:23

Penalties — Duco Vcr, Bouma Cal (fighting) 6:33, Edler Vcr (interference) 13:46, Alberts Vcr (boarding) 17:57.

Second Period

2. Calgary, Horak 3 (Bouma, Sarich) 2:41

3. Vancouver, Hodgson 15 (Duco, Edler) 17:55

Penalties — Alberts Vcr (charging, double roughing), Backlund Cal (roughing) 4:30, Tan-guay Cal (boarding) 11:20, Alberts Vcr, Jack-man Cal (fighting) 13:30.

Third Period

4. Vancouver, Booth 9 (Hamhuis) 8:04

Penalty — Comeau Cal (slashing) 3:50.

Overtime

No Scoring.

Penalties — Alberts Vcr (charging, double roughing), Bouwmeester Cal (holding) 0:55, H.Sedin Vcr (tripping) 1:03.

Shootout

Calgary wins 2-1

Calgary (2) — Jokinen, goal; Tanguay, miss, Iginla, goal.

Vancouver (1) — Edler, miss; Burrows, goal; Raymond, miss.

Shots

Vancouver 6 9 12 4—31
Calgary 7 5 6 0—18

Goal — Vancouver: Luongo (L,22-10-6); Calgary: Kiprusoff (W,25-17-4). **Power plays (goals-chances)** — Vancouver: 0-3; Calgary: 0-5.

Referees — Mike Leggo, Dan O'Rourke. **Linesmen** — Lonnie Cameron, Mike Cvik.

Att. — 19,289 (19,289) at Calgary.

SOCCER

AFRICAN NATIONS CUP

At Libreville, Gabon

Yesterday's result

Zambia 0 Ivory Coast 0
(Zambia wins 8-7 on penalty kicks)

ENGLAND

PREMIER LEAGUE

Yesterday's results

West Bromwich Albion 5 Wolverhampton Wanderers 1
Aston Villa 0 Manchester City 1

FRANCE

LIGUE 1

Yesterday's results

Lille 4 Bordeaux 5
Nice 0 Paris Saint-Germain 0
Toulouse 0 Saint-Etienne 1

GERMANY

BUNDESLIGA

Yesterday's results

Augsburg 0 Nuremberg 0
Cologne 0 Hamburger SV 1

ITALY

SERIE A

Yesterday's results

Atalanta 0 Lecce 0
Catania 4 Genoa 0
Inter Milan 0 Novara 1
Fiorentina at Parma (ppd.)
Juventus at Bologna (ppd.)

SPAIN

LA LIGA

Yesterday's results

Espanyol 0 Zaragoza 2
Malaga 3 Mallorca 1
Rayo Vallecano 2 Getafe 0
Real Madrid 4 Levante 2
Valencia 4 Sporting Gijon 0
Villarreal 3 Granada 1

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Chicago	23	7	.767	—
d-Miami	20	7	.741	1½
d-Philadelphia	19	9	.679	3
Atlanta	18	9	.667	3½
Indiana	17	10	.630	4½
Orlando	17	11	.607	5
Boston	15	12	.556	6½
New York	13	15	.464	9
Milwaukee	12	15	.444	9½
Cleveland	10	16	.385	11
Toronto	9	20	.310	13½
Detroit	8	21	.276	14½
New Jersey	8	21	.276	14½
Washington	6	22	.214	16
Charlotte	3	24	.111	18½

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	21	6	.778	—
d-L.A. Clippers	17	8	.680	3
d-San Antonio	19	9	.679	2½
Dallas	17	11	.607	4½
Houston	16	11	.593	5
L.A. Lakers	16	12	.571	5½
Denver	16	12	.571	5½
Portland	15	13	.536	6½
Utah	13	12	.520	7
Memphis	14	13	.519	7
Minnesota	13	15	.464	8½
Phoenix	12	15	.444	9
Golden State	9	14	.391	10
Sacramento	10	17	.370	11
New Orleans	4	23	.148	17

d — division leaders ranked in top four positions regardless of record.

Yesterday's results

L.A. Lakers 94, Toronto 92
Boston 95, Chicago 91
Washington 98, Detroit 77
Miami at Atlanta
Houston at Golden State
Utah at Memphis

Saturday's results

L.A. Clippers 111, Charlotte 86
Denver 113, Indiana 109
Philadelphia 99, Cleveland 84
New York 100, Minnesota 98
San Antonio 103, New Jersey 89
Dallas 97, Portland 94,2OT
Orlando 99, Milwaukee 94
Phoenix 98, Sacramento 84

Tonight's games

Philadelphia at Charlotte, 7 p.m.
Minnesota at Orlando, 7 p.m.
Utah at New Orleans, 8 p.m.
Miami at Milwaukee, 8 p.m.
L.A. Clippers at Dallas, 8:30 p.m.
Phoenix at Golden State, 10:30 p.m.

Tomorrow's game

Miami at Indiana, 7 p.m.
New York at Toronto, 7 p.m.
San Antonio at Detroit, 7:30 p.m.
Sacramento at Chicago, 8 p.m.
Utah at Oklahoma City, 8 p.m.
Houston at Memphis, 8 p.m.
Phoenix at Denver, 9 p.m.
Washington at Portland, 10 p.m.
Atlanta at L.A. Lakers, 10:30 p.m.

NLL

WEEK SIX

Yesterday's results

Minnesota 9 Rochester 6
Philadelphia 14 Buffalo 13

Friday's results

Calgary 12 Washington 11
Minnesota 10 Edmonton 9 (OT)

LAKERS 94, RAPTORS 92

L.A. LAKERS (94)

World Peace 3-4 1-2 9, Gasol 6-15

Canada falls to France in Davis Cup

► Tsonga overcomes feisty Dancevic
► Raonic unable to play with injury

Canada failed to advance to the Davis Cup quarter-finals in Vancouver Sunday as France's Jo-Wilfried Tsonga beat surprise substitute Frank Dancevic in straight sets.

Tsonga, the world's sixth-ranked player, prevailed 6-4, 6-4, 6-1, over the 178th-ranked Niagara Falls native, who was a late replacement for Canada's injured top singles player Milos Raonic.

The win gave France a 3-1 lead in the best-of-five



DARRYL DYCK/THE CANADIAN PRESS

competition with one match to play.

France will take on the United States in the World Group quarter-finals in April. Canada must play a World Group playoff tie in September to try to retain its spot in the elite 16-team group for 2013.

"We are continuing to explore the reasoning behind the pain.... Obviously I am extremely disappointed to not be able to play for my team today."

WORLD NO. 29 RANKED MILOS RAONIC ON HIS KNEE INJURY

Dancevic, 31, got the call to play his first match of the weekend after Raonic pulled out due to a knee injury.

He lost the opening four games of the match and then surrendered leads twice in the second set.

But Dancevic was com-

petitive early as he took 10 points to deuce or advantage in the first game. Tsonga's powerful serve was not a problem for Dancevic, but he struggled at times to counter Tsonga's strong cross-court forehands.

THE CANADIAN PRESS

metro**classifieds** To advertise, call: 1 800 527-6767

HELP WANTED

General Help

\$120-\$360 CASH PAID DAILY FOR LIGHT LANDSCAPING! FREE TRANSIT PASSES, SCHOLARSHIPS AVAILABLE, CHOOSE YOUR DAYS, DAILY BONUSES.
Apply ASAP at www.aceofbladesjobs.com as room at our job fairs is limited or email aceofbladesjobs@hotmail.com. 1-855-695-5858

Education



NOW HIRING SECURITY GUARDS

Up to \$18/hr
No Experience Required
Employment Guaranteed
Ottawa: (613) 238-1812

AUTOMOTIVE

Cars & Trucks Wanted

WILL BUY UNWANTED CARS AND TRUCKS for scrap and parts.
PAY CASH
Barry 613-769-7940

Will REMOVE or BUY unwanted trucks and cars for scrap and/or parts
WILL PAY CASH
Call **MARK** at **613-978-2468**

General Help

General Help

General Help



This is Rosa.

Rosa is one of our associates. She's friendly to all of our customers, supports the efforts of all her team members, and moves through her day with integrity and respect. She's fantastic in just about every way.

Except for one thing: she is much too infatuated with opera music.

This is Rosa.
She is one of us.

Marshalls

Marshalls is where customers find big brands at unbelievable deals. If you love the idea of growing your career in a dynamic, fast-paced environment where each day brings something new, we may be the perfect place for you. Visit our website and apply online.

www.thisismarshalls.ca



Exclusive finds
Inclusive minds

Winners Merchants International L.P. is an equal opportunity employer committed to workforce diversity.

NEW MARSHALLS OPENING at Train Yards, Ontario

We are currently looking to hire full-time, part-time and temporary associates starting March 8th, 2012.

For those interested please come visit us at our Open House on:

February 24th 10am - 9pm
February 25th 10am - 6pm
February 26th 10am - 6pm

At the Chimo Hotel 1199,
Joseph Cyr Street,
Ottawa, Ontario K1J 7T4

SERVICES

Psychics

Powerful Psychic Olga Spiritual Healer
35 yrs exp. solve problems, remove black magic/evil, restore love & happiness in hrs.
FREE READING (518) 618-5673

Financial

Need Cash Today?
Loans up to \$10,000 Bad Credit? No Problem.
www.eazycash.ca
613-699-0011
Check Cashing, Car Title Loans, Money Transfers.

Mortgages

OWN A HOME?
Loaded with Debt? Can help! 1st, 2nd, 3rd Mortgages Re-Financing. Debt Consolidation loans. Home Equity Loans. Bad Credit? Self-Employed? Bank said "No"? Fast approvals! Quick Closing!
Steve Daigle: sdaigle@tmacc.com
(613) 863-0649 Lic:10171

Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767



Learning happens in everything we do.

Whether you team up to sort laundry, write a grocery list, or discover a new route to school, you are learning together. How will you learn with your family? Take the learning journey at **FamilyLiteracyDay.ca** and download your Journey to Learning Passport.



NEED A RIDE?
Read metro**drive** every Wednesday.

Sell Your Stuff For FREE! Call 1-800-527-6767

Limited space Available Size 1.535" X .542", Limit 1/day, 2/wk

1885 Dougherty Pump Organ
Mint Condition
\$695.00
(613) 935-4307

Bread Maker Black & Decker
All-In-One-Plus Horizontal
Good Condition with manual
\$28.00 613 724-1345

Computer desk comes with sliding keyboard tray, CD organizer & multiple shelves.
Walnut faux finish Good Condition
\$70 613 612-7307

FREE 36" RCA COLOR TV
Pick up
613-722-2756

MOVING OUT SALE!!!
Breadmaker \$60
Microwave \$40
Call (613) 560-5985

Solid wood masks from around the world. Must sell to make room. Moving to a small apt. Must see, make us an offer on one, some or all. CALL 613-226-2694

2 Loft Beds
Solid Wood
\$200
613-491-0084

Bristol 3 slate pool table.
Includes many pool cues, rack, rake and 2 sets of balls. Selling as we need space.
\$650 613-273-4300

Couch with Matching Chair
Good Condition from non-smoking home
\$60.00
613 612-7307

Hair & Tanning Salon equipment for sale,
Selling as 1 lot only
GOOD PRICE!!!!!!
Call Annick at 613-443-3453

Pat Flesher Furs
Black Persian Lamb Coat
size 14-16 3/4 length
\$300.00 (613) 722-2756

Three printers 1 color, 2 black & white. Computer and monitor. Hockey cards. DVD Recorder. Turntable and records. Please call for prices. 613-749-4255

3 Used Task Chairs
\$20 each
613-222-2773

Buying records.
If you have any you would like to sell call (613) 822-1199 and ask for Frank

Counter top glass stove.
Paid \$800.00.
Just like new.
613-822-2895

Limited spaces avail. Get yours today!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

SINGLE BED with mattress, box spring, steel frame and Honey Pine headboard.
ALMOST NEW \$350 OBO
613-435-1364

Whirlpool Over the Range Microwave Oven brand new and was never used
\$225
(613) 686-5280

Baldwin Apartment Size (Spinnet) Piano
Excellent Condition
Buyer is responsible for pick up & delivery
\$1400 613-686-5280

Call: 1-800-527-6767 today to book this space!
Size 1.535" X .542", Limit 1/day, 2/wk

Don't wait until Spring, Sell Your Stuff
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

MENS DESIGNER WARDROBE
Jackets, shirts, ties, some suits.
Like new condition. Hugo Boss, Armani etc.
613-249-8293

SKIS: Volk P40 F1 Energyrail 198
Brand new, still in plastic
\$128
613 724-1345

Your Free Ad Here !
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

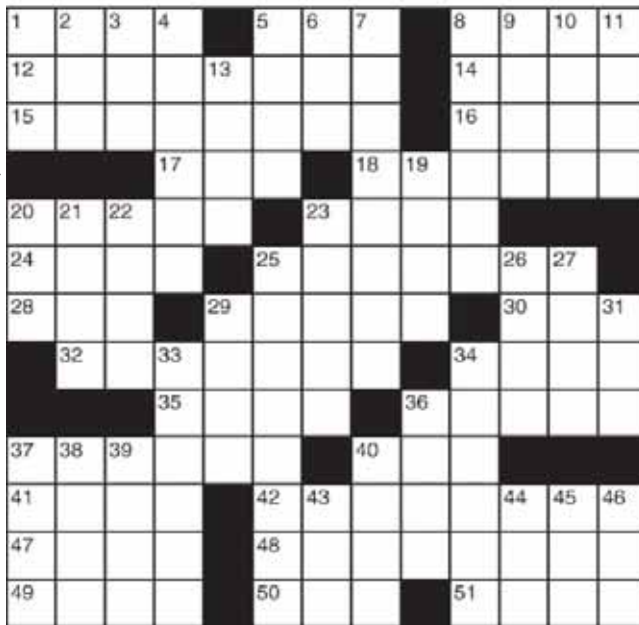
Crossword

Across

- 1 Stitches
5 Corn spike
8 React in horror
12 Handel's "Messiah," e.g.
14 Aware of
15 Algonquian leader
16 Individuals
17 "Of course"
18 Cancel out
20 Poe's bird
23 "Beetle Bailey" dog
24 On in years
25 Luzon language
28 Neither mate
29 Commandments bearer
30 Sheep's comment
32 First person to orbit the Earth
34 Gear teeth
35 Hits head-on
36 Cause, as havoc
37 Government in power
40 Cry of discovery
41 "American —"
42 "Madame Butterfly" setting
47 Lass
48 Shook in fear
49 Eyelid woe
50 Witness
51 Longings

Down

- 1 "Mayday!"
2 Historic period
3 Joker
4 Remained
5 Cupid's alias
6 Melody
7 X-ray discoverer



- 8 Giant number
9 "— Karenina"
10 Undo a dele
11 Sit for a picture
13 Portent
19 Greek vowels
20 Skedaddled
21 Awestruck
22 Miles of Hollywood
23 Refuge
25 Persecutes
26 Reed instrument
27 Pop singer Lady —
29 Sir's partner
31 Request
33 Ornamental grat-

- ing on a car
34 "White Christmas" crooner
36 "Kapow!"
37 Fixes illicitly
38 Rewrite, maybe
39 Bloodcurdling
40 Curved molding
43 Exist
44 Brewery product
45 Barbie's companion
46 Egos' counterparts

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer

1	5	9	8	7	3	2	4	6
2	8	3	6	4	9	7	5	1
4	7	6	2	5	1	8	9	3
8	9	1	5	6	7	4	3	2
5	4	7	9	3	2	6	1	8
6	3	2	4	1	8	9	7	5
3	6	8	7	9	5	1	2	4
7	2	5	1	8	4	3	6	9
9	1	4	3	2	6	5	8	7

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Machico

If someone would ask me what a beautiful life means, I would lean my head on your shoulder, hold you close to me and answer with a smile...like this.

FROM BOPO Edziu Misiu

5 years have passed and our love keeps growing. I can't wait to be your wife, Ed. I will always be your best friend, your lover, and your confidant <3 You have proven that no matter what, you will always love me and I hope that I have proven the same to you. Yours Forever, Wielka Lyska.
FROM LIZIU MISIU
Her - How lucky am I to know you! You are the best thing that has ever happened to me. Thanks for being there for me. I will do anything to see that smile of you. You must know that I am here for you 24/7. Love you from the bottom of my heart. FROM ME

Today's horoscope

♈ Aries March 21-April 20
Make sure your opinions are backed up by facts and figures today or you could find yourself on the defensive.

♉ Taurus April 21-May 21
Don't make promises that you may not be able to deliver on.

♊ Gemini May 22-June 21
If a friend asks you to get involved with some kind of cause you should study it closely before agreeing to contribute your time and money.

♋ Cancer June 22-July 22 You will be in the right place at the right time today and you must take advantage of it.

♌ Leo July 23-Aug. 23
If you let others know that you require their assistance today you will get all the help you need, and more.

♍ Virgo Aug. 24-Sept. 22
It's possible that you will make some kind of mistake today, but don't stop to work out where you went wrong.

♎ Libra Sept. 23-Oct. 23
Yes, some people can be a pain, but you won't change them, so don't try.

♏ Scorpio Oct. 24-Nov. 22
If you've got something to say then say it and don't worry that certain people's egos may get bruised as a

For today's crossword answers and for expanded horoscopes, go to metronews.ca result.

♐ Sagittarius Nov. 23-Dec. 21 Let other people take care of the chores today.

♑ Capricorn Dec. 22-Jan. 20 You have all the time in the world.

♒ Aquarius Jan. 21-Feb. 18
The best way to deal with someone who is giving you a hard time is to point out what they will lose if you withdraw your friendship

♓ Pisces Feb. 19-March 20 The best way to deal with any unpleasantness today is to turn your back on it and walk away. **SALLY BROMPTON**

Caption contest



You write it!
WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.





OTTAWA GOLD

Paying You the Highest Gold and Silver Prices Guaranteed

Don't be fooled by recycling and road show events any longer. We offer significantly higher prices and we stand behind our promise to offer you the highest prices guaranteed. Breathe easy and sell with confidence. Visit us today and be pleasantly surprised.

WE PROMISE YOU...



The Highest Prices Guaranteed

Since we offer our very best prices upfront, there's no need for stressful negotiations. We're so confident in our prices and service, that if you get a higher offer for your jewellery, we will beat that price by 20% of the difference!

Terms and Conditions can be found at www.OttawaGold.ca

Honest, Friendly and Transparent Service

We are dedicated to providing honest and transparent service with the highest payouts in the industry and no hidden fees. Everything is done right in front of you so you can be involved in every step, and payments are made in person, on-the-spot.

How it Works....

1. Bring in your unwanted jewellery.
2. Our friendly and professional staff will test your items right in front of you and involve you in every step.
3. You walk away with a cheque.

WHAT WE PAY

Karat|Price/gram

1oz Maple Leaf Coin (9999)	\$1658/coin
999 Gold Coins and Bars	\$51.35
24k Jewellery	\$41.25
22k	\$37.81
East Indian and Nuggets	\$33.51
18k	\$30.93
14k and dental	\$24.06
10k	\$17.18
.925 Sterling Silver	\$0.61

We also offer refining services for large and dental lots.
Please contact us for fee and payout information.

Additional Pricing

Gold Coins

Gold Coins Under 24kt (Per Gram of Gold)	\$47.14/gram
Maple Leaf Coins under 1 ounce	\$51.07/gram
999 Gold Bars under 1 ounce	\$48.26/gram

Silver

Silver Maple	\$31.94/coin
Silver Bullion	\$30.75/ounce
Stamped Sterling Silver	\$0.61/gram
Stamped .800 Silver	\$0.53/gram
Silver items not 925 or 800 (per gram of silver)	\$0.66/gram

Canadian Silver Currency

Coins from 1966 or earlier	15.0 Times Face Value
Coins from 1967	10.3 Times Face Value
Coins from 1968	9.0 Times Face Value

American Silver Coins

Coins from 1964 or earlier	16.0 Times Face Value
----------------------------	-----------------------

Platinum

Platinum Jewellery (stamped 950)	\$30.71/gram
Platinum Jewellery and Industrial (999)	\$32.33/gram
999 Platinum Coins	\$37.90/gram

*Canadian Dollars
Last Update 02/09/2012

Example Purchase 1:

Purity: 14k • Weight: 193.50g

PRICE: \$4,655.61



Example Purchase 2:

Purity: 24k • Weight: 6.42g

PRICE: \$264.83



Example Purchase 3:

Purity: 14k • Weight: 183.30g

PRICE: \$4,410.20



613.979.GOLD (4653)

Westgate Shopping Centre, 1309 Carling Ave, Ottawa
Monday to Friday, 9:30am to 6pm • Saturday, 10am to 5pm



www.ottawagold.ca

